



TOWNSHIP OF MIDDLETOWN PARKS & RECREATION

PROGRAM GUIDE

FALL 2026

Inside this edition:
Groovin' at The Gates
Holiday Open House
Teen Talent Show

Groovin' at the Gates Returns This September

Get ready to dust off your bell bottoms and break out the tie-dye! Groovin' at the Gates returns to Forsythia Crossing Park on Saturday, September 26, 2026, for a day of music, food, and fun for the whole community.

Residents of all ages are invited to spend the day enjoying live entertainment from The 7 Band, browse a variety of local vendors, and sample offerings from several food trucks. Adult beverages will also be available for guests 21 and older.

Families can look forward to inflatables, games, and activities throughout the park, making it a great way to spend a fall Saturday with friends and neighbors. Whether you're dancing along to the music, shopping with local

vendors, or simply relaxing with great food, there will be something for everyone to enjoy.

Adding to the fun, this year's event celebrates the spirit of the 1970s. Guests are encouraged to embrace the theme by wearing their favorite retro attire—from tie-dye and bell bottoms to funky prints and peace signs. While dressing up isn't required, it's a fun way to join in the festivities and help bring the groovy atmosphere to life.

This year's celebration promises to be bigger, brighter, and groovier than ever, and we hope you'll be part of it. So come join your neighbors at Forsythia Crossing Park for a memorable day of music, community, and fun.



MIDDLETOWN TOWNSHIP'S

GR VIN' AT THE GATES

**Featuring a 70s theme
with costume contests and prizes!**

**SATURDAY
SEPTEMBER
26**

**FORSYTHIA
CROSSING PARK
12pm - 5pm**

**Food & drinks, Craft Beer
& Wine, Inflatables
Shopping Vendors,
and more...**

LIVE MUSIC



Are you ready to catch
the V.I.B.E?



We are starting a **new volunteer program** that focuses on the good vibes we get from working together. Middletown Township Parks and Recreation welcomes individuals and groups to share their interests and talents at all our parks, trails, and public programs.



Projects include but aren't limited to native plantings and invasive plant removal, program support, park cleanups, and so much more. We will have plenty of projects for both individuals and groups of all ages to participate in.



This is a great opportunity for students looking to complete volunteer hours for school or club requirements.



To sign up for
volunteer updates,
scan here.





HOLIDAY OPEN HOUSE

MIDDLETOWN
MUNICIPAL CENTER

DECEMBER 10
5:30 PM - 8:30 PM

FREE FAMILY EVENT

Activities include pictures with Santa, horse drawn carriage rides, kids crafts, live music, inflatables, food, drink, holiday shopping & much more!

SANTA'S MAILBOX

Santa will set up his Mailbox at the Municipal Center November 29. Children ages 1-8 are welcome to mail their letters to Santa, and Santa will mail a reply. Letters must be received by December 15, 2026. Make sure you include self-addressed stamped envelope with your letters. Letters can be dropped at:
 3 Municipal Way . Langhorne, PA 19047

Save the date

SATURDAY, JANUARY 23, 2027

4 PM - 6 PM OXFORD VALLEY VALLEY CENTER

TEEN TALENT Show

Young performers, age 13-19, who can sing, dance, play an instrument or have something special they would like to share, can display their talent at a public venue.

Performers may register online or call 215 750 3890, by Jan. 13th. Send in auditions by noon, Jan. 16th (in person auditions can be arranged if needed). Twelve finalists will be selected from the auditions. Finalists perform on stage at the Center Court in the Oxford Valley Mall, January 23rd at 4pm.

Once registered, email auditions & direct any questions to jmorelli@middletownbucks.org. Looking forward to seeing teens doing great things in our award-winning show!

*"Excellence in Recreation and Parks", awarded 2025
 by PA Parks and Recreation Society*



What Are

Rain gardens?

Presented By: The Middletown Township EAC

Designed By: Student Representative, Zowie Krzywonos

What is a Rain Garden?

= A depressed region of vegetation that TEMPORARILY collects runoff water

- Such runoff water may come from
 - Impervious Surfaces
 - Roofs & driveways
 - Compacted Soil
- Rain gardens may consist of native plants!

Tips For Planting A Rain Garden:

- Gardens should be created on the natural sloping of lawns to enable water drainage into the garden
 - Avoid planting them too closely to buildings
 - Conduct soil tests to ensure your soil permits water filtration
- Steer clear of trees: trees do not thrive well in wet soil
- It is most cost-effective to install a garden oneself!

Websites for Inquiry and Guides For Rain Garden Creation:

The Environmental Protection Agency (epa.gov)
Groundwater Foundation
Princeton Hydro (How to Build a Rain Garden in 10 steps?)

Why Should We Plant Rain Gardens?

- 1) Rain gardens are natural filtering systems for runoff water pollutants
- 2) They improve water quality and assist in flood control
- 3) Rain Gardens provide thriving habitats for wildlife
- 4) These gardens absorb 30% more water than traditional gardens do (Groundwater Foundation)

Soak Up the Rain: Rain Gardens

Find pleasant and new ways to absorb, filter, and maintain a rain garden - a cost effective and beautiful way to reduce polluted stormwater runoff!

Source: EPA.gov

All About Rain Gardens - What They Are & How to Build One

Learn everything you need to know about rain gardens, including what they are, the benefits of rainwater runoff!

Source: Groundwater.org

PENNDel-MIDdletown EMERGENCY SQUAD

~~~~~ *Serving Our Community* ~~~~~

The PennDel-Middletown Emergency Squad offers many training opportunities for our community members, businesses, local athletic associations and other organizations.

## CONTACT US

**Andrew Foley**

Lieutenant, Public  
Relations Coordinator

**Station:** 215-757-2663

**Cell:** 267-637-7583

**Email:** AFoley@pmems.org

616 E Lincoln Highway,  
Langhorne PA 19047

## COURSES & TRAININGS WE PROVIDE

American Heart Association  
Hands Only CPR, Full CPR Class  
PALS (Pediatrics) and ACLS  
(Cardiac) certification courses for  
medical professionals  
Bleeding Control (Stop the Bleed)  
General medical emergency  
lectures including targeted topics

## OTHER SERVICES WE CAN PROVIDE OUR COMMUNITY

Health fair representatives

Event coverage:

- 5k events
- Sports events
- and more!



Visit Our Website  
[www.pmems.org](http://www.pmems.org)



Fundraiser for the Middletown Senior Citizens Association  
**SATURDAY, NOVEMBER 14 at 1 PM**

*Doors open at Noon*

**\$30 IN ADVANCE - \$35 AT THE DOOR IF AVAILABLE**

Ticket sales are limited to 100 players.

*Cost includes* **10 Games - 3 Cards Per Sheet & 4 Specials**

*- Extra Cards For Sale -*

**CASH PRIZES | BEVERAGES & SNACKS | DOOR PRIZES  
 RAFFLE BASKETS | 50/50 TICKETS | FOOD DRIVE**



**NO ALCOHOL  
 PERMITTED ON  
 PREMISES**

**MIDDLETOWN SENIOR CENTER**

2142 Trenton Road | Levittown, PA 19056 | 215.945.2920



American  
 Music  
 Theater

Thursday  
 November 19, 2026

**Package includes:**

- Round Trip Motorcoach Transportation
- Admission to the 2026 Christmas Show
- Lunch at Hershey Farms
- All Tax and Tips Except Driver

Departs Middletown Senior Center at 8 AM  
 Departs from Hershey Farms at 3 PM

**\$165<sup>00</sup>**  
 Per Person



**CHASE**  
**A CAUSE**  
**MAKE AN IMPACT**

A 5K RUN BENEFITING THE

**K9**  
PROGRAM

**OCTOBER 31, 2026**

**FORSYTHIA CROSSING PARK**

MIDDLETOWN TOWNSHIP, PA



**TIMED 5K  
RUN**



**1 MILE  
FUN RUN  
FOR KIDS**



**AWARDS  
TOP FINISHERS  
& BEST COSTUMES**

**FUN FOR THE WHOLE FAMILY!**



**KIDS'  
ACTIVITIES**



**COSTUME  
CONTEST**



**K9  
DEMONSTRATION**



**AND MORE!  
FOR ALL AGES**



PRESENTED BY THE  
**MIDDLETOWN TOWNSHIP  
POLICE DEPARTMENT**

BENEFITING  
THE **K9**  
**PROGRAM**



# MIDDLETOWN

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## COMMUNITY FOUNDATION

**SEPTEMBER 12, 2026 - 9-5**

**\*RAIN DATE**

**SEPTEMBER 13, 2026 - 9-5**

**PLAYER CHECK-IN: 8:30AM**

**FIRE FIGHTERS' PARK  
712 POPLAR STREET  
LANGHORNE, PA 19047**

**All skill levels welcome!**

**Open Pairs - Two Divisions (Recreational/Intermediate &  
Intermediate/Advanced) Double Elimination**

**\$50 Non-Members | \$40 Members**

**1st , 2<sup>nd</sup> & 3<sup>rd</sup> Place Prizes Awarded!**

**Lunch voucher, raffle ticket and t-shirt provided with tournament entry.**

**ADDITIONAL CONCESSIONS  
AND RAFFLE TICKETS  
AVAILABLE FOR PURCHASE!**



**ALL PROCEEDS  
BENEFIT THE MCF  
FIRE SAFETY FUND**

**TO REGISTER:**



# BLAZING PADDLES

## PICKLEBALL TOURNAMENT

# MIDDLETOWN PARKS & RECREATION PROGRAM GUIDE

Are you looking to showcase your local business or organization? Advertise in the Middletown Township Parks & Recreation 2027 Program Guides and connect with residents throughout the community!

Choose what works best for your business—purchase advertising space in a single issue or maximize your exposure by placing your ad in all three 2027 program guides. With multiple sizes and options available, there's an opportunity to fit every budget and marketing goal.

For advertising information or to purchase ad space, contact Katherine Manning at [kmanning@middletownbucks.org](mailto:kmanning@middletownbucks.org).

| Ad Size      | Single Issue | Annual Agreement (3 runs) |
|--------------|--------------|---------------------------|
| 1/4 page ad  | \$350        | \$900                     |
| 1/2 page ad  | \$700        | \$2,000                   |
| Full page ad | \$2,000      | \$5,000                   |

\*We expect organizations to present us with a print-ready ad file (pdf format preferred). If you need our graphic designer to create your ad, there could be an additional fee.

PROGRAM GUIDE  
AD RATES 2027

# Meet the Staff

*We're excited to introduce some of the new faces and familiar team members who make Middletown Township Parks & Recreation such a great place for our community!*



**From left to right:** our new Program Coordinator, Alexandra Kissinger; Interim Director, Monica Tierney; Environmental Sustainability Intern, Cameron Sabara; Program Specialist Joanne Morelli; new Program Specialist Katherine Manning.

We want to send a huge thank you to Cameron for all of his hard work and dedication during his internship. As he completes his senior year of undergraduate studies and continues his education by pursuing his master's degree at West Chester University, we wish him continued success!

Our team continues to bring you the programs and activities you know and love with Joanne Morelli, who remains busy planning community events and recreation opportunities. We're also excited to welcome our new Program Specialist, Katherine Manning, to the department.

We're grateful for our growing team and look forward to continuing to serve the Middletown community with events, new programs, and experiences for everyone to enjoy! 

## Middletown Parks & Recreation Programs & Events Survey

We want to hear from you! Your feedback will help shape future parks, recreation programs, special events, and community activities in Middletown. Whether you currently participate or have ideas for new opportunities, your input is valuable.

This survey takes just a few minutes to complete. Your response will help us better understand community interests, identify areas for improvement, and plan programs and events that meet the needs of residents of all ages.

**Scan the QR code** to complete the survey and help us make Middletown an even better place to live, play, and connect. Your voice matters, and every response helps us build a stronger, more vibrant community.

Thank you for sharing your feedback! 



## Middletown Becomes a Bird Town Community

Bird Town Pennsylvania is a statewide conservation program that helps municipalities create safer and healthier places for birds, wildlife, and residents. By participating, Middletown Township joins a network of communities working to protect bird habitat through native tree and plant installation, invasive plant removal, reduced pesticide use, stormwater management, and other bird-friendly practices. Native trees and plants are especially important because they provide birds with natural food sources, shelter, nesting areas, and safe places to rest during migration.

The program also gives residents opportunities to participate through guided walks, educational programs, tree planting events, and other local conservation activities. Bird Town can help residents better understand the importance of birds and the habitats they depend on. For Middletown Township, the program will strengthen community involvement, support local environmental projects, and help improve parks, neighborhoods, and natural areas over time. 

## More Than a Park: It's Where Life Happens



Have you ever noticed how a walk outside can change your entire day?

Maybe it's Kickball at Middletown Community Park after work. Maybe it's watching your child score their first goal, taking the dog for a walk along the Green Belt as the leaves begin to change, or simply sitting on a bench and taking a deep breath while the world slows down for a few minutes.

Those moments may seem small, but they have a big impact.

In July, the Middletown Township Department of Parks and Recreation celebrated Parks and Recreation Professionals Month by recognizing the important role parks, trails, programs, and public spaces play in our everyday lives. As we move into the beautiful fall season, that message is just as meaningful. Cooler temperatures and colorful landscapes make autumn one of the best times to get outside and enjoy everything our parks have to offer.

Spending time outdoors benefits both our bodies and our minds. Whether you're walking the trails at Bucks County's Core Creek Park, cheering from the sidelines at Middletown Community Park, or simply enjoying fresh air while your children play, every visit is an investment in your well-being. Time outside helps reduce stress, improve mood, boost energy, and support a healthier lifestyle. Sometimes the best reset doesn't happen indoors. It happens outside, surrounded by nature.

Our parks are more than beautiful places to spend an afternoon. They are where our community comes together.

The Department of Parks and Recreation takes pride in offering some of the area's best recreation programming. From youth sports and award-winning summer camps to fitness classes, seasonal events, and programs for every age, there is something for everyone. These experiences help children build confidence, encourage healthy lifestyles, create lasting friendships, and strengthen the sense of community that makes Middletown Township such a special place to live.

As summer gives way to fall, don't pack away the sneakers just yet. Autumn is the perfect time to explore a trail, spend an afternoon at the playground, sign up for a recreation program, or simply enjoy the crisp air with family and friends.

Parks and Recreation Month may have ended in July, but the benefits of our parks continue every day. This fall, we invite you to step outside, stay active, and discover, or rediscover, why Middletown Township's parks and recreation programs are truly at the heart of our community. 



# Summer Camp 2026:

## A Summer of Adventure, Friendship, and Growth

As another incredible summer comes to a close, Middletown Township Parks & Recreation is celebrating a season filled with laughter, learning, adventure, and unforgettable memories.



This summer, 410 children participated in our Summer Camp programs, making new friends, exploring parks, creating crafts, competing in games, and enjoying countless outdoor adventures. From our youngest campers at Core Creek Half-Day Camp to our Barn Camp, Barn Tween Camp, and Community Center Camp, each program provided a safe, engaging, and welcoming environment where children could learn, grow, and simply enjoy being kids.



Throughout the eight-week season, campers stayed active through sports, nature activities, arts and crafts, STEM projects, special theme days, water games, team-building activities, and visits from a variety of entertainers and educational programs. Weekly field trips gave campers the opportunity to experience exciting destinations throughout the region, creating memories that will last long after summer has ended.

Our camp counselors and site supervisors were truly the heart of the program. Their enthusiasm, creativity, patience, and dedication helped create an environment where every camper felt welcomed and encouraged. For many of our counselors, summer camp is more than just a seasonal job. It's an opportunity to develop leadership skills, build confidence, and make a lasting impact on the lives of children in our community. We are incredibly proud of the outstanding work they did throughout the summer.

A special thank you goes to Joanne Morelli, whose countless hours of planning, organization, and behind-the-scenes coordination made this summer possible. From preparing for registration months in advance to coordinating staff, field trips, schedules, and daily operations, Joanne worked tirelessly to ensure every camper had a safe, fun, and memorable experience. Her commitment to our families and campers is deeply appreciated.

*Continued on the next page*



The numbers tell an impressive story. During the summer, our camps averaged 291 campers each week, with enrollment reaching a peak of 331 campers during Week 7. Nearly half of all participants took advantage of our extended -day programs, highlighting the important role summer camp plays in supporting working families while providing meaningful recreational opportunities for children.

As we begin planning for Summer Camp 2027, we remain committed to making our programs even stronger. We are already evaluating enhancements to staff training, leadership development, registration processes, and camp operations to continue providing one of the area's premier summer camp experiences. 🌻

## Help Make Recreation Accessible for Everyone

Parks & Recreation programs provide opportunities for residents of all ages to stay active, learn new skills, build friendships, and strengthen our community. Unfortunately, financial barriers can prevent some individuals and families from participating in the programs they enjoy or need most.

We invite our community to help ensure that every resident has the opportunity to participate by supporting the Middletown Community Foundation's Parks & Recreation Participation Fund. Donations designated for Parks & Recreation scholarships provide financial assistance to residents in need, helping make recreation programs, camps, classes, sports, and special events more accessible to everyone.

In addition to providing scholarships, donations also help the Parks & Recreation Department offer select programs at reduced costs, making quality recreational opportunities more affordable for the entire community.

Please be sure to note that your donation is designated for Parks & Recreation scholarships and program assistance.

A gift of any size helps remove financial barriers and creates opportunities for residents to learn, grow, connect, and thrive through Parks & Recreation programs.

On behalf of the Middletown Township Parks & Recreation Department, thank you to our participants, families, instructors, volunteers, sponsors, and community partners for your continued support. Together, we can ensure that Parks & Rec. programs remain accessible, welcoming, and enriching for everyone in our community.

Donations can be dropped off or mailed to 3 Municipal Way, Langhorne PA 19047. Checks should be made out to the Middletown Community Foundation. Please make a note that the money is for the P&R Participation Fund. Parks & Recreation programs remain accessible, welcoming, and enriching for everyone in our community. 🌻



**Please see the resources below for families seeking accessible and inclusive programs, services, and support.**

### AANE

**Association for Autism and Neurodiversity**

[www.AANE.org](http://www.AANE.org)

Provides support groups, resources for families and adults with disabilities.

### ABA Centers of Pennsylvania

[www.abacenterspa.com](http://www.abacenterspa.com)

Bala Cynwyd, PA.

Provides therapies, resources and is providing a Sensory Tent for Groovin at the Gates

### LifeSpan Before & After School Care

[www.lifespanchildcare.org](http://www.lifespanchildcare.org)

Quakertown, PA.

Provides quality care as well as STEM, Language, Art and Socials Studies support

### Vita Education Services

[www.vitaeducation.org](http://www.vitaeducation.org)

Doylestown, PA.

Offers Free classes including GED Prep, Reading, Writing, and Math

# Building a Stronger Foundation for Middletown Township's Parks and Environmental Planning

Over the past four months, Environmental Sustainability Intern Cameron Sabara has completed a number of projects that are providing Middletown Township with valuable information to guide future planning, maintenance, and investment.

A major focus of Cameron's work was the Township's park asset management and condition inventory. Working across 19 parks and 2 Township facilities, Cameron documented approximately 2,300 park amenities and assets, creating a comprehensive record of the Township's recreational infrastructure and its current condition.

This information will serve as an important resource as the Township plans for future capital expenses. Having a detailed inventory of our park assets allows Township staff to better identify maintenance and replacement needs, establish priorities, anticipate future costs, and develop a more informed and sustainable Capital Improvement Plan.

Cameron also completed tree inventories and condition assessments throughout the Township. This work provides a clearer picture of our existing tree resources and their condition while creating a foundation for future environmental initiatives and long-range planning. The information will help the Township identify opportunities for tree planting, canopy expansion, habitat enhancement, and other environmental improvements in the years ahead.

Using Vialytics and ArcGIS Pro, Cameron developed GIS maps and organized field data that can be used by Township staff for ongoing planning and project development. He also created mowing maps, evaluated potential locations for tree planting and park improvements, and assisted with grant applications and the planning of future tree planting projects.

Beyond these larger projects, Cameron supported a variety of Township initiatives, including park cleanups, tree plantings, summer camp activities, pickleball events, Environmental Advisory Council meetings, and the Township's Earth Day celebration and tree giveaway.

The work completed during Cameron's internship represents more than four months of fieldwork and data collection. It provides the Township with information that can be used for years to come—helping staff make informed decisions about our parks, facilities, trees, environmental resources, and future capital investments.

Cameron's contributions have helped Middletown Township take another step toward more data-driven, proactive, and long-term planning for the community's public spaces and environmental resources. 





# MIDDLETOWN TOWNSHIP PICKLEBALL CLUB

Whether you're picking up a paddle for the first time or looking for more competitive play, the Middletown Township Pickleball Club has something for everyone. Players of all ages and skill levels are invited to learn, play, and connect through one of the area's fastest-growing sports.

The club offers lessons. Skills & Drills, clinics, level-based play, tournaments, mixers, and community events designed to help players improve their skills, build confidence, and make new friends on and off the court.

## Membership Options:

Resident: Fee: \$65 Yearly

Non-Resident: Fee: \$120 Yearly

Resident and Non-Resident memberships include designated member court time, expanded play opportunities, program discounts, exclusive member events, guest passes, and additional club benefits.

## Community Membership

Fee: **FREE**

Receive club updates and gain access to select programs, clinics, lessons, tournaments, and special events.

## Upcoming Lessons

Beginner - Instructor Marcy Lynch

Location: Community Center Courts

Dates: Sat., Sep. 12, Sep. 26 & Oct. 3

Time: 10:00 AM - 12:00 PM

Intermediate/Advanced - Instructor Fred Manno

Location: Firefighters Park Courts

Session 1: Mondays

Time: 8:00 AM - 10:00 AM

Session 2: Tuesdays

Time: 4:00 PM - 6:00 PM

Pickleball is more than just a game—it's a community. Join the Middletown Township Pickleball Club and discover new opportunities to play, improve, and have fun.

For membership information, court schedules, program registration, and upcoming events, scan the QR code or visit CourtReserve or email: [pickleball@middletownbucks.org](mailto:pickleball@middletownbucks.org).

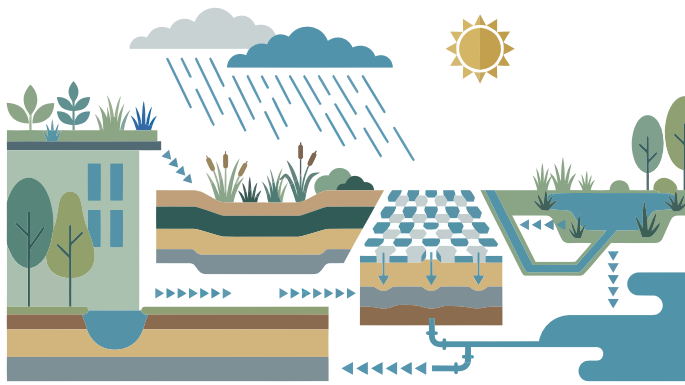


## Book a Middletown Park or Facility

Interested in reserving one of our parks, facilities, or athletic fields for a party, special event, tournament, or camp?

Scan the QR code to complete our Facility & Field Request Form.





# STORMWATER MANAGEMENT

## FREE INFORMATIONAL PROGRAMS

### RAIN BARREL WORKSHOP STORMWATER IMPACT CREDIT

Learn how rain barrels help reduce stormwater runoff and conserve water for lawns and gardens. Participants who attend the full workshop will receive a free rain barrel to take home, while supplies last. One rain barrel per five years per household. Residential property owners who participate will also receive credit toward their annual Stormwater Impact Fee. Registration and tax parcel number are required.

Fee: **FREE**

Location: Municipal Center

Date: Thu., Sep. 24

Time: 6:00 PM - 7:00 PM

### STORMWATER STARTS AT HOME

Join Karen Ogden of the Bucks County Conservation District and Ken Jones, President of the Neshaminy Watershed Association, for a practical and engaging look at how stormwater moves through our landscape—and why it matters. Karen will introduce the basics of how watersheds work, including how they naturally manage water flow and help protect water quality. Ken will then bring it down to the neighborhood level, sharing simple, effective ways homeowners can manage stormwater on their own properties. Using the Watershed Friendly Property program as a guide, he'll highlight easy steps you can take to reduce runoff, improve water quality, and make a positive impact on the health of the Neshaminy Creek watershed—starting right in your own backyard.

Fee: **FREE**

Location: Municipal Center

Date: Tue., Oct. 20

Time: 6:30 PM - 7:30 PM

### CLEAN UP DAY STORMWATER IMPACT CREDIT

Clean Up Days and help make a positive impact on local waterways, parks, and neighborhoods while earning credit toward your Stormwater Impact Fee. Volunteers will assist with litter and debris removal in designated areas throughout the Township to help reduce stormwater pollution, improve water quality, and protect local infrastructure. As part of the Township's Stormwater Impact Fee Credit Program, residential property owners who participate in approved volunteer opportunities may qualify for a credit on their annual Stormwater Impact Fee.

Clean Up Days are a great way to give back to the community, support environmental sustainability, and help keep Middletown Township clean and beautiful for everyone.

This program is open to community volunteers of all ages. Additional details regarding locations, registration, and eligible credit information can be found here: [www.middletownbucks.org/Government/Tax-Information/Stormwater-Impact-Fee](http://www.middletownbucks.org/Government/Tax-Information/Stormwater-Impact-Fee)

Fee: **FREE**

Date: Sat., Oct. 10

Time: 9:00 AM - 12:00 PM

### TREE PLANTING STORMWATER IMPACT CREDIT

Join Middletown Township for our FREE Community Tree Planting Days and help improve local green spaces while earning credit toward your Stormwater Impact Fee. Volunteers will assist with planting trees in designated parks and public areas throughout the Township to help reduce stormwater runoff, improve air and water quality, enhance wildlife habitats, and beautify the community. As part of the Township's Stormwater Impact Fee Credit Program, residential property owners who participate in approved volunteer opportunities may qualify for a credit on their annual Stormwater Impact Fee.

Tree Planting Days are a great opportunity to give back to the community, support environmental sustainability, and create a lasting positive impact for future generations.

This program is open to community volunteers of all ages. Additional details regarding locations, registration, and eligible credit information can be found here:

[www.middletownbucks.org/Government/Tax-Information/Stormwater-Impact-Fee](http://www.middletownbucks.org/Government/Tax-Information/Stormwater-Impact-Fee)

Fee: **FREE**

Date: Sat., Nov. 14

Time: 9:00 AM - 12:00 PM



## CHAIR YOGA/POSTURE & FLEXIBILITY

Chair Yoga is a gentle, accessible form of yoga where traditional poses are modified to be performed while seated or using a chair for support. Nita will combine elements of her Posture & Flexibility program which will promote functional movement during everyday activities and release chronic muscle tension. In this welcoming class you will learn simple techniques that are customized to the needs of the group to stretch, strengthen & improve balance. Please bring a yoga strap or hand towel and water bottle and wear comfortable clothing. Suitable for all ages and activity levels. This is a 6 week program.

Fee: \$56; NR \$64

Location 1: The Barn

Session 1: Wed., Sep. 9 - Oct. 14

Session 4: Wed., Oct. 28 - Dec. 9

Location 2: Penndel-Middletown Emer. Squad

Session 2: Mon., Sep. 14 - Oct. 19

Session 3: Mon., Oct. 26 - Dec. 7

Time: 11:00 AM - 12:00 PM

## FIND YOUR FLOW YOGA

Join us for a dynamic yoga class designed to find your inner flow, create space and help cultivate stability. In this flow, we'll weave together powerful asanas with intentional breath work (pranayama), helping you find your center. As we move through a sequence of invigorating postures, you'll be encouraged to connect deeply with your breath, allowing it to guide your movements and anchor your mind. This practice isn't just about physical strength; it's about creating a strength within that you take off your mat. Embrace the rhythm of your body, challenge your limits, and discover the empowerment that comes from within. Together, we'll create a space where you can release tension, build confidence, and find peace in your practice. Whether you're a seasoned yogi or new to the mat, this class invites you to connect with your true essence and leave feeling inspired and centered. Join us and let's flow together!

Fee: \$77; NR \$88

Location: The Barn

Session 1: Thu., Sep. 10 - Oct. 22

Session 2: Thu., Oct. 29 - Dec. 17

Time: 5:45 PM - 6:45 PM

## BEGINNING YOGA

Discover the perfect balance of movement and breath in this Vinyasa Flow-style class, designed for beginners and adaptable for all skill levels. With a focus on linking poses together through flowing movements and mindful breathing, you'll work at your own pace to build strength, improve flexibility, and calm your nervous system. Carol creates a supportive, judgment-free space where you're encouraged to honor your body and abilities. No experience needed—just bring yourself, an open mind, and a willingness to flow.

Fee: \$77; NR \$88

Location: The Barn

Session 1: Tue., Sep. 15 - Oct. 27

Session 2: Tue., Nov. 3 - Dec. 15

Time 1: 5:15 PM - 6:15 PM

Time 2: 6:30 PM - 7:30 PM

## JUST YOGA

Join us for a peaceful and rejuvenating yoga experience designed for all ages and skill levels. Just Yoga with Amelia focuses on the gentle, grounding practice of Hatha Yoga, a 5,000-year-old tradition that emphasizes balance, deep breathing, and mindful stretching. Amelia, with 50 years of personal practice and 15 years of teaching experience, will guide you through postures tailored to each individual's needs. The session includes calming stretches, breathwork to release tension, and a soothing 5-minute meditation break before ending with a final relaxation set to tranquil music.

Fee: \$85; NR \$98

Location: Community Center

Session 1: Mon., Sep. 24 - Oct. 26

Session 2: Mon., Nov. 2 - Dec. 14

Time: 6:30 PM - 7:30 PM

## YIN YOGA

Yin yoga is a slow, passive practice where floor postures are held for 3 to 6 minutes. Unlike active ("yang") yoga that builds muscle strength, yin targets the body's deep connective tissues—such as fascia, ligaments, and joints—while simultaneously calming the nervous system. Yin Yoga has been known to reduce stress levels by activating the parasympathetic nervous system. This helps the body to release stress from deep tissues in the body. This class is great for anyone looking to reduce stress levels. Bring a pillow if desired.

Fee: \$80; NR \$92

Location: The Barn

Session 1: Thu., Sep. 3 - Oct. 15

Session 2: Thu., Oct. 29 - Dec. 17

Time: 10:30 AM - 11:15 AM

# FITNESS

FOR ADULTS

## ZUMBA

Zumba is a high-energy dance and cardio workout that incorporates Latin-inspired moves to popular music making it a fun and easy class to follow. Zumba is open to beginner and advanced students. Optional for toning - no more than 2 lb. dumbbells or 2.5 lb. toning sticks. Please bring water and a towel. FREE class Sep. 3 for all that register.

Fee: \$49; NR \$56  
Location: Community Center  
Session 1: Thu., Sep. 3 - Oct. 22  
Session 2: Tue., Sep 8 - Oct. 20  
Session 3: Tue., Oct. 27 - Dec. 8  
Session 4: Thu., Oct. 29 - Dec. 17  
Time: 6:30 PM - 7:30 PM

## MORNING ZUMBA

Fee: \$60; NR \$69  
Location: The Barn  
Session 1: Thu., Sep. 3 - Oct. 15  
Session 2: Wed., Oct. 29 - Dec. 17  
Time: 9:30 AM - 10:15 AM

## BEGINNER YANG FAMILY TAI CHI w/ JASON

This form of Tai Chi will increase your strength, flexibility, improve balance and reduce the effects of stress. It introduces the 8 Energies of Yang Style Tai Chi Chuan; how to cultivate and circulate them for increase strength and health while learning a traditional form. This class is taught by a Discipline of the 6th Generation Grand Master, Master Yang Jun, Jason Timony.

Fee: \$56; NR \$64  
Location: Penndel-Middletown Emer. Squad  
Session 1: Wed., Sep. 9 - Oct. 21  
Session 2: Wed., Oct. 28 - Dec. 16  
Time: 10:00 AM - 11:00 AM

## INTER. YANG FAMILY TAI CHI w/ JASON

Fee: \$56; NR \$64  
Location: Penndel-Middletown Emer. Squad  
Session 1: Thu., Sep. 10 - Oct. 22  
Session 2: Thu., Oct. 29 - Dec. 17  
Time: 7:15 PM - 8:15 PM

## BEGINNER TAI CHI w/CHRIS

New to Qi Gong or Tai Chi? This 7-week beginner class with Chris is the perfect place to start. Learn to develop and direct your body's energy (Chi) through gentle movement and breathwork to improve balance, flexibility, focus, and overall well-being. Individualized to the needs of the class, all levels welcome. Includes a custom student handbook.

Fee: \$49; NR \$56  
Location: The Barn  
Session 1: Mon., Sep. 14 - Oct. 26  
Session 3: Mon., Nov. 2 - Dec. 14  
Time: 10:00 AM - 11:00 AM  
Session 2: Wed., Sep. 16 - Oct. 28  
Session 4: Wed., Nov. 4 - Dec. 23  
Time: 6:00 PM - 7:00 PM

## QI GONG TAI CHI w/ISSE

Qi Gong and Tai Chi are ancient practices that have led to improved health, fitness, wellbeing and longevity. Practice in deep conscious breathing and slow movement will bring about balance, alignment, and internal strength. This continuous 7-week session is open to all levels. Isse Elston leads the Tue. & Wed. session.

Fee: \$56; NR \$64  
Location: Community Center  
Session 1: Tue., Sep. 8 - Oct. 20  
Session 2: Wed., Sep 9 - Oct. 21  
Session 3: Tue., Oct. 27 - Dec. 8  
Session 4: Wed., Oct. 28 - Dec. 9  
Time: 7:00 PM - 8:00 PM

## MUSCLE NERD FITNESS

Fitness can be a fun and exciting way to improve yourself without fear of heavy weights or the classic 'gym rat' stereotypes. Muscle Nerd Fitness aims to engage the participants in aerobic and anaerobic exercises designed to improve posture, fitness levels and overall health. Led by Hope Stough, a certified personal trainer with experience in one on one training and larger group lessons, with a variety of lifestyles. Small (2-5 pounds) hand weights and a yoga mat would be ideal to bring, along with wearing general workout clothes and sneakers.

Fee: \$56; NR \$64  
Location: Community Center  
Session 1: Wed., Sep. 23 - Oct. 4  
Session 3: Wed., Nov. 11 - Dec. 23  
Time: 6:00 PM - 7:00 PM  
Session 2: Sat., Sep 26 - Nov. 7  
Session 4: Sat., Nov. 14 - Dec. 26  
Time: 9:00 AM - 10:00 AM



## PUMPKIN POTTERY WORKSHOP

Prepare your home for fall with a festive ceramic pumpkin or pumpkin container. It's perfect to decorate your mantle, create a beautiful centerpiece, or store some tasty fall treats. In this workshop you will work with clay to create a unique pumpkin through the use of hand building, texture, and glazing techniques. All materials included. Your pumpkin will be available for pick up one week after the class date at the Township office. For pictures of previous projects check out our Facebook page: [www.facebook.com/indistudio.org](https://www.facebook.com/indistudio.org) or find us on Instagram @INDIStudio1.

Fee: \$63; NR \$72

Location: The Barn

Date: Sun., Oct. 4

Time: 10:00 AM - 12:00 PM

## PAINTERLY COLLAGE

It is like painting with paper! In this one day workshop, discover how nationally recognized collage artist Deborah Eater uses pieces of paper as brushstrokes in a painting and create a painterly 5" x 7" collage. Topics will include collage materials and how to prepare them, creating painterly effects, and troubleshooting project ideas. There will be a short midday break. Participants should bring a lunch and a \$15 materials fee payable to the instructor.

Fee: \$98; NR \$113

Location: The Barn

Date: Wed., Oct. 28 - Dec. 16

Time: 1:00 PM - 3:00 PM

## PAINTERLY COLLAGE EVENING

Fee: \$98; NR \$113

Location: The Barn

Date: Wed., Oct. 28 - Dec. 16

Time: 5:30 PM - 7:30 PM

## EXPLORING COLLAGE

Exploring the breadth of collage as a creative medium. Using a variety of collage materials. Combining collage with other media. Developing a creative vocabulary and personal style in collage.

Fee: \$110; NR \$127

Location: The Barn

Date: Wed., Sep. 9 - Oct. 21

Time: 1:00 PM - 3:00 PM

## FAMILY ART WORKSHOP I & II

Making art is a creative way for family members to spend quality time together. This class is for all ages and abilities. A different project each month lets you explore patterns, colors, and textures with a variety of art materials, either working together or side by side individually. There is a \$8 materials fee payable to the instructor.

Fee: \$12; NR \$14

Location: The Barn

Workshop I: Sat., Oct. 3

Workshop II: Sat. Dec. 5

Time: 10:00 AM - 12:00 PM

## INTRODUCTION TO CREATING WITH RESIN

In this class you will learn how to use resin to make a variety of different projects, such as jewelry, candle holders, vases and more! Resin art is made from a clear liquid that dries to give the work a glass look to it. Learn the different techniques and processes to work with resin, how to include different media and how to properly finish your pieces. Includes a resin kit for students to take home. Class taught by local artist Linda Reboh, who has 10 years experience teaching art programs.

Fee: \$105; NR \$120

Location: The Barn

Date: Sun., Oct. 18 - Nov. 22

Time: 10:00 AM - 1:00 PM

1:00 PM - 4:00 PM

## EXPLORING COLLAGE EVENING

Fee: \$110; NR \$127

Location: The Barn

Date: Wed., Sep. 9 - Oct. 21

Time: 5:30 PM - 7:30 PM

## CERAMIC GHOST WORKSHOP

Get into the 'Spirit' of the season with this Fun, Fall, Ghost Workshop. It's perfect to decorate your mantle or create a scary centerpiece. In this workshop you will work with clay to create a unique ghost through the use of hand building, texture, and glazing techniques. All materials included. Your ghost will be available for pick up one week after the class date at the Township office. For pictures of previous projects check out on Facebook [www.facebook.com/indistudio.org](https://www.facebook.com/indistudio.org) or find us on Instagram @INDIStudio1

Fee: \$63; NR \$72

Location: The Barn

Date: Wed., Oct. 11

Time: 10:00 AM - 12:00 PM

## FALL PAINT & SIP WORKSHOP AT ARISTAUEUS

Paint & Sip Workshop, with Penelope Fox Art Studio, is designed for those seeking a fun and relaxed atmosphere to explore their artistic talents without the pressure of a long-term commitment. It's the perfect opportunity to indulge in the joy of creating art while enjoying the company of friends or making new ones. This indoor class is held at the taproom of the award-winning Aristaeus Brewing Co., an open-concept nano-brewery in Langhorne. Various types of refreshments are available for purchase. No outside refreshments, please. Snacks are available for purchase or BYOF. Delivery is acceptable.

Fee: \$40; NR \$48

Location: The Barn

Session 1: Wed., Oct. 7

Session 2: Wed., Nov. 4

Session 2: Wed., Dec. 2

Time: 6:30 PM - 8:30 PM

## BEGINNER GLASS FUSING

Glass fusing is the process of taking different colors of sheet glass and combining them with other decorative features to create a beautiful piece of glass. You can make jewelry, small tiles for the house or a piece to hang on the wall. Students will learn the basics of the techniques and skills needed to create works of art using glass fusing. Taught by local artist Linda Reboh, who has a fine arts degree and has taught art programs for over 10 years. A \$20 materials fee is due to the instructor at the first class.

Fee: \$105; NR \$120

Location: The Barn

Date: Sun., Oct. 4 - Nov. 8

Time: 10:00 AM - 1:00 PM

1:00 PM - 4:00 PM

## CHUNKY BLANKET KNITTING

This beginner-friendly 2 session class will guide you step-by-step through the basics of "finger knitting," including casting on, creating even stitches, and binding off. By the end of the two, one hour classes, you'll have a soft, stylish blanket perfect for your couch, bed, or as a handmade gift. Spots are limited—register today and let's get knitting.

**Ages 13 & Up.**

### What to bring:

Your own chunky wool - 6-8 skeins

A large tote bag to carry your finished project

Snacks, if you wish

Fee: \$50; NR \$58

Location: The Barn

Date: Fri., Sep. 18 & Oct. 16

Time: 6:30 PM - 8:30 PM

## FALL FLORAL DESIGN CLASS

Celebrate the Beauty of Fall Through Flowers! Embrace the rich colors and textures of the season in this fun, hands-on floral design class! You'll create a stunning autumn-inspired arrangement featuring fresh seasonal flowers, foliage, and natural accents while learning the professional techniques that make designs look balanced, lush, and longlasting. Instructor Heather Towne, AIFD, CFD, will guide you step-by-step through the design process, sharing tips on flower selection, mechanics, color harmony, and design principles that you can use again and again at home. Whether you're brand new to floral arranging or simply looking to sharpen your skills, you'll leave with a beautiful centerpiece perfect for celebrating the fall season and the confidence to create with flowers long after the class ends. No prior experience is necessary—all flowers, materials, and tools are provided. Just bring your creativity and enjoy an evening of flowers, fun, and learning! **Ages 14 & up.**

Fee: \$65; NR \$75

Location: The Barn

Date: Mon., Nov. 9

Time: 6:30 PM - 8:00 PM

## DRAWING FROM NATURE INDOORS

Learn to draw organic forms such as flower, leaves, fruits, and vegetables. Use shading and mark-making to give your drawings texture and depth. Participants will improve their skills in drawing and observation. Each person should bring a pad of large drawing paper and a pencil. This program is taught by local artist Deborah Eater. There is a \$15 materials fee payable to the instructor at the first class. This session is offered indoors and outdoors based on the time of the year, with differing options for time of day as well.

Fee: \$98; NR \$113

Location: The Barn

Date: Tue., Oct. 27 - Dec. 8

Time: 1:00 PM - 3:00 PM

## DRAWING FROM NATURE INDOORS EVENINGS

Fee: \$110; NR \$127

Location: The Barn

Date: Wed., Sep. 9 - Oct. 21

Time: 6:30 PM - 8:30 PM

\*NR = Non-Resident



# Recreation

ADULT

## VIBRATIONAL SOUND HEALING

A Sound Bath is a deeply restorative, listening experience that uses the sounds of crystal bowls and other instruments to bring gentle, yet powerful restorative, nurturing changes to the mind and body. This class combines with gentle movements to invite even deeper, subtler shifts in consciousness, self awareness and inquiry. Wear comfortable clothing, bring a blanket and eye pillow if you wish.

Fee: \$34; NR \$42

Location: The Barn

Date: Fri., Sep. 11 & Oct 2

Time: 6:30 PM - 7:30 PM

## KNITTING REFRESHER COURSE

This program will review the basics of knitting—cast on, cast off, knit stitch, purl stitch, increasing or decreasing stitches—for people who've already learned them, whether recently or long ago. Participants will have their memory refreshed on what they already know (or once knew) about knitting and gain confidence in their skills. This class is designed for people who have learned how to knit at some point but are looking to refresh and refine their skills..

Fee: \$21; NR \$24

Location: The Barn

Date: Mon., Oct. 26 - Nov. 2

Time: 5:30 PM - 6:30 PM

## COUNTRY LINE DANCING

A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, in the same direction, and executing the steps at the same time. Our seasoned instructors teach you to kick, stomp, & boot-scoot your way in our community hall. Come alone or bring friends. Make Wednesdays your fun night out.

Fee: \$86; NR \$99

Location: Community Center

Date: Wed., Sep. 9 - Oct. 21

Time: 7:00 PM - 8:00 PM

## OUTDOOR FALL WALKS

Long walks encourage a healthy, active lifestyle and keep aching joints moving. Middletown P&R leads a series of 75 minute winter walks on Saturdays through Tyler State Park. The class is open to any fitness level. We will contact you on the preceding Friday about the walk, after we check the weather. Pre-registration is required.

Fee: **FREE**

Location: Tyler State Park

Dates: Sat., Sep. 19, Oct. 10, Nov. 17

Time: 11:00 AM - 12:00 PM

## BEGINNER BIRDING

Learn how to use binoculars and identify common birds by sight and sound during an easy guided walk. Bring binoculars if you have them. A limited number will be available to borrow.

Fee: **FREE**

Location: Core Creek Park

Date: Thu., Sep. 17 & Tue. Sep. 22

Time: 10:00 AM - 12:00 PM

## MAH JONGG 101

This program will teach you to play the American version of the fun and engaging Chinese tile based game of Mahjongg. You will learn the basics of game play, how to build and break walls, and strategy for end game moves. After this 4 week program you should know everything you need to in order to start playing!

Fee: \$60; NR \$69

Location: The Barn

Date: Wed., Sep. 30 - Oct. 21

Time: 1:00 PM - 3:00 PM

## AHA CPR CERTIFICATION CLASS

The American Heart Association's BLS course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate breaths and ventilations, and provide early use of an AED.

Participants will also learn how to respond to choking emergencies and work effectively as part of a resuscitation team. This hands-on course is ideal for healthcare providers, first responders, and anyone who needs BLS certification or wants to build confidence in responding to medical emergencies.

Fee: \$65; NR \$75

Location: Pennadel Middletown Emer. Squad

Date: Wed., Oct. 28

Time: 6:30 PM - 9:00 PM

# EDUCATION SEMINARS

## HANDS ONLY CPR

This **FREE** one-hour training taught by Penndel-Middle-town Emergency Squad is ideal for volunteer youth sport coaches, adult players, and parents who volunteer as chaperones for school events. This CPR Training will teach the American Heart Association Hands-Only CPR and general awareness of using an AED. This class is NOT a certification class but will provide the information and skills necessary to save a life. We encourage as many people as possible in your organization to attend. Manikins will be available for practice.

Fee: **FREE**

Location: Penndel Middletown Emer. Squad

Dates: Thu., Oct. 15 & Dec. 17

Time: 6:30 PM - 8:00 PM

## COLD WEATHER MEDICAL EMERGENCIES

This **FREE** class will teach participants how to recognize, prevent, and respond to cold weather emergencies, including hypothermia and frostbite. Learn the warning signs, proper first aid, and when to seek emergency medical care. In addition to cold weather-related illnesses, the class will cover common medical emergencies such as choking, severe bleeding, allergic reactions, heart attacks, strokes, and seizures. Participants will gain practical knowledge on how to respond safely and effectively while waiting for emergency responders. Whether you're looking to prepare for winter weather or build confidence in handling everyday emergencies, this class provides valuable information that could help save a life.

Fee: **FREE**

Location: Penndel Middletown Emer. Squad

Date: Thu., Dec. 10

Time: 6:30 PM - 8:30 PM

## COMMON MEDICAL EMERGENCIES

This **FREE** seminar presented by Penndel-Middletown Emergency squad will go over a variety of medical emergencies (including strokes, diabetes, heart attacks, bleeding control) and provide participants information about first aid and how to properly handle any of these common situations. This is NOT a certification class, but will provide the information and skills necessary to save a life.

Fee: **FREE**

Location: Penndel Middletown Emer. Squad

Date: Thu., Nov. 12

Time: 6:30 PM - 8:00 PM

## DOWNSIZING & PREPARING TO SELL

Have you lived in your home for years and accumulated a lot of "stuff" but don't know where to start or what to do with it? Do you need help moving your elderly parents from their home into retirement living? This **FREE** seminar will teach you where to start, resources and how to prepare your home for today's market. Christina Swain is joined by Marlene Stocks with Senior Transitions Services for this presentation

Fee: **FREE**

Location: Municipal Center

Date: Thu., Oct. 22

Time: 6:00 PM - 7:30 PM

## KNOW YOUR MEDICARE OPTIONS

During this **FREE** educational seminar, you will learn

- How Medicare works and what it covers
- How Part "D" prescription cards work and how to pick the right one for you
- The differences between Medicare Supplements and Medicare Advantage plans

This seminar is suitable whether you have decisions to make during the upcoming open enrollment period or just want to learn in preparation of that time. Presented by Steve Bobrin, a Medicare planning specialist with DelVal Senior Advisors. Pre-registration required.

Fee: **FREE**

Location: Municipal Center

Date: Thu., Oct. 20

Time: 6:30 PM - 7:30 PM

## NATIONAL SUDDEN CARDIAC ARREST AWARENESS MONTH

This annual campaign is designed to educate the public on the warning signs of SCA, the importance of bystander intervention, and how to rapidly respond to cardiac emergencies. SCA is a life-threatening medical emergency that occurs when the heart suddenly and unexpectedly stops beating, cutting off blood flow to the brain and other vital organs. Because it differs from a heart attack, it can happen to anyone of any age without warning. During this **FREE** class we will discuss the Chain of Survival and the causes of sudden cardiac arrest. We will also have a survivor of sudden cardiac arrest discuss their experience of how this event affected them and their family.

Fee: **FREE**

Location: Penndel Middletown Emer. Squad

Dates: Thu., Oct. 8

Time: 6:30 PM - 8:00 PM

# TEEN PROGRAMS

## DRIVER'S EDUCATION

Distracted driving kills 4,000 teens a year. John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collision.

Just as spiders skillfully and anticipatorily weave their webs to trap prey and deter predators, using the S.P.I.D.E.R. Method™ means to: SCAN surroundings actively, PREDICT potential hazards, IDENTIFY risks in real-time, DECIDE the best course of action, EXECUTE decision effectively, and REVIEW the outcome and adapt accordingly.

The PA S.P.I.D.E.R. Course by IMPROV is approved by the Pennsylvania Department of Education and is structured to meet the requirements of the Department. Once registered John's Driving School will email access to the 13 Chapter/30 Hour Course. Students must complete each chapter to advance to the next and are limited to 2 hours per day. The course must be completed within 1 year from date of registration. Upon course completion and passing

the final exam the Certificate of Completion will be emailed by John's Driving School!

Please note the fee for this course is non-refundable.

This program is open to students, ages 15-18, and a driver's permit is not required to register.

Feel free to visit [www.icandrive.com](http://www.icandrive.com) or call John's Driving School directly for more information and/or to arrange for "in-car" behind-the-wheel instruction! John's Driving School is available by phone Mon-Fri from 10 am to 7 pm and Sat from 10 am to 4 pm at 215-295-8014!

Fee: \$50

Location: John's Driving School  
Trenton Road, Fairless Hills

## SAFE SITTER COURSE

The SafeSitter course is designed to prepare students to be safe when they are home alone, watching younger siblings, or babysitting. The instructor-led course is filled with fun games, role-play activities, and discussions to learn about safety, child care, first-aid and rescue, and business skills. **Ages 12-15.**

Fee: \$75; NR \$86

Location: Community Center

Date: Wed., Nov. 11

Time: 9:00 AM - 3:00 PM

# Youth PROGRAMS

## PRINCESS PREP ACADEMY

Has your child ever wanted to spend an evening in a fairytale? Now they can at Princess Prep Academy! Children can dress up as princesses and take part in a magical evening filled with imagination and creativity in a land far, far away. The fairy godmother will be there to train, read, and teach other activities that lead to being crowned an official princess academy graduate. **Ages 3-7**

Fee: \$35; NR \$40

Location: The Barn

Date: Thu., Oct. 8

Time: 6:00 PM - 7:30 PM

## MUSICAL PETTING ZOO BY KEEP MUSIC ALIVE

Musical Petting Zoo is an interactive, educational program where people, especially children, can explore and play with a variety of musical instruments in a fun, informal setting. These events, which are similar to a "please touch" museum for instruments, feature instruments like acoustic and electric guitars, ukuleles, keyboards, and many types of percussion. The program aims to spark interest in music education by giving hands-on experience with different instruments. Our Goal: To introduce people of all ages and abilities to musical instruments and encourage interest in music education.

Fee: **FREE**

Location: Community Center

Date: Sat., Oct. 17

Time: 10:00 AM - 12:00 PM

## OUTDOOR PRESCHOOL STORY AND CRAFT HOUR

Preschoolers and their parent or guardian will meet at the Styer Orchard Pavillon, located on the farm, to hear a story and make a craft related to that story. A wonderful way to have fun with your child and meet others! Class is outdoors, under the shaded Pavilion. (Bathrooms are located at the pavilion) All supplies are included. Each child will go home with a fun craft that they can continue to play with and even the book that was read! Farm will be open for "picking" and the store has great food so make a day of it! **Ages 3-5.**

Fee: \$15; NR \$17.25  
Location: Styer's Pavilion  
Date: Tue., Sep. 15  
Time: 10:30 AM - 11:30 AM

## MINECRAFT MASTERS OF ENGINEERING USING LEGO®

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

Fee: \$160; NR \$17.50  
Location: Community Center  
Date: Mon., Sep. 28 - Oct. 26  
Time: 4:00 PM - 5:00 PM

## ALL ABOARD THE HOGWARTS EXPRESS!

A magical adventure where students create wands, brew potions, complete house challenges, and bring the world of wizardry to life through hands-on activities and imaginative play.

Fee: \$115; NR \$132  
Location: The Barn  
Dates: Thu., Mon. Oct. 1 - Oct. 22  
Time: 5:30 PM - 6:30 PM

## YOUNG REMBRANDTS

The open-ended nature of art education allows children to take more risks in their projects. Because there is flexibility in the outcome, children don't feel as much pressure as they create. Encourage your child's enthusiasm for art and develop their skills by signing them up for a Saturday morning drawing or cartooning class. Young Rembrandt's skilled teachers introduce children to color, imagery, and core drawing techniques while they explore their own creativity. We offer two 4-week sessions this fall. Select the session and the appropriate class based on your child's age and interest.

Fee: \$179; \$184 NR  
Location: The Barn  
Date: Sat., Sep 19 - Oct. 10

Saturday Early Elementary Drawing  
**Ages 4 - 6 / 9:00 AM - 9:45 AM**

Saturday Drawing  
**Ages 7 - 14 / 10:00 AM - 11:00 AM**

Saturday Cartooning  
**Ages 8 - 14 / 11:15 AM - 12:25 PM**

## BALLET FOR TOTS

This 7-week course, will teach the very basics of ballet including positions, barre work and floor work. Classes will enhance their rhythm, balance, coordination, flexibility and posture. A small routine will be taught with the steps learned by the end of the course. Taught by Elena Lydon, who has been teaching Ballet for more than 20 years. Ballet shoes required. **Ages 3-5.**

Fee: \$63; NR \$73  
Location: The Barn  
Dates: Mon., Sep. 14 - Oct. 26  
Time: 5:00 PM - 5:45 PM

## BALLET & TAP COMBO

In this 7-week course, children will learn the basics of ballet technique, including positions, barre work & floor work along with the basics of beginner tap fundamentals. A small routine will be learned by the end of the course with the steps learned. Taught by Elena Lydon, who has been teaching Tap and Ballet for more than 20 years. Ballet and Tap shoes required. **Ages 5-7.**

Fee: \$63; NR \$73  
Location: The Barn  
Dates: Mon., Sep. 14 - Oct. 26  
Time: 5:45 PM - 6:30 PM

## WILDERNESS SURVIVAL FOR KIDS

An exciting outdoor exploration program where students learn practical survival skills, teamwork, and an appreciation for nature.

Fee: \$115; NR \$132  
Location: The Barn  
Date: Sat., Oct. 3 - Oct. 24  
Time: 1:00 PM - 2:00 PM

## DINO EXPLORERS

Discover our pre-historic land giants with hands on fun! Dino explorers will travel back in time to prehistoric times and discover a variety of dinosaur bones and various types of dinosaurs through crafts, stories, games, and more! Jackie, the instructor who brought us Princess Prep Academy, organizes another great evening of FUN for our young ones. **Ages 3 - 10**

Fee: \$35; NR \$40  
Location: The Barn  
Date: Thu., Oct. 22  
Time: 6:00 PM - 7:30 PM

## AMAZING ATHLETES

Amazing Athletes is a multi-sport program that introduces children to the fundamentals of 10 different sports in a fun, non-competitive environment, helping them to develop physical literacy, learn about nutrition and muscle identification, and master 6 key motor skills. Our specialized curriculum is custom-designed to provide both variety and repetition using age-appropriate sports equipment. Sports include Soccer, Basketball, Football, Volleyball, Track & Field, Golf, Hockey, Tennis, Lacrosse & Baseball! All classes take place at our indoor space at Soccer Stars in the Oxford Valley Mall. Soccer Stars shirt available for \$20. Contact Bucksmont@soccerstars.com to purchase directly.

Fee: \$145; NR \$167 per session  
Location: Oxford Valley Mall  
Session 1: Thu., Sep. 10 - Oct. 29  
Session 2: Sun., Sep. 13 - Nov. 1  
Session 3: Thu., Nov. 5 - Dec. 17  
Sessions 3 Fee: \$115; NR \$132 Shorter Sessions  
Sundays: 2-3 Year Olds: 9:30 AM - 10:10 AM  
3.5-5 Year Olds: 10:15 AM - 11:00 AM  
6-10 Year Olds: 11:05 AM - 11:55 PM  
Thursdays: 2-3 Year Olds: 10:00 AM - 10:40 AM  
3.5-5 Year Olds: 10:45 AM - 11:30 AM

## JUMP START SPORTS SOCCER

In our Youth Soccer Programs, children learn the fundamentals of soccer through a wide range of fun and age-appropriate drills, as well as game play. Our experienced coaches use innovative techniques and drills to help children develop essential skills for soccer and life, including dribbling, passing, trapping, shooting, positioning, teamwork, sportsmanship, and confidence. Get ready to kick, pass, and score with us! **Ages 3 - 5**

Fee: \$125; NR \$144  
Location: Det. Christopher Jones Field  
Date: Wed., Sep. 9 - Oct 14  
Time: 5:00 PM - 6:00 PM

## JUMP START SPORTS FLAG FOOTBALL

Players are grouped by age, coached at their level of understanding, and play fun, low competition games under adult supervision. All instruction will be conducted by Jump Start Sports staff coaches. Players will learn the basic fundamentals of offense and defense, and will be introduced to speed and agility training. Parent coaches assist in the instruction and will call the plays for their teams, but having our coaches lead the program will ensure that all teams receive the same instruction in a planned and organized practice. Jump Start Sports staff will also officiate and supervise all games to ensure equal playing time, a rotation of players in various positions, and they will help teach within the context of the game. **Ages 6 - 12**

Fee: \$125; NR \$144  
Location: Det. Christopher Jones Field  
Date: Mon., Sep. 14 - Oct 19  
Time: 5:00 PM - 6:00 PM

## JUMP START SPORTS T-BALL

Our most popular programs are baseball & t-ball, structured as an instructional league to teach children the fundamentals of the sport. Our programs are designed to teach children not only the basics of the sport but also essential life skills such as teamwork, sportsmanship, and perseverance. Players learn the basics of throwing, catching, fielding, batting, and base-running. All players will receive a team shirt and a baseball cap! Parents are encouraged to participate in the coaching, but the program will be run by trained staff coaches from Jump Start Sports. **Ages 3 - 5**

Fee: \$125; NR \$144  
Location: Det. Christopher Jones Field  
Date: Sat., Sep. 12 - Oct 17  
Time: 9:00 AM - 11:00 AM

## JUMP START SPORTS FIELD HOCKEY

Our 6-week youth field hockey program is designed to provide young athletes with a solid foundation in the sport while fostering confidence, teamwork, and skill development in an engaging and supportive environment. Whether your child is new to the game or looking to refine their skills, this program emphasizes learning through play, ensuring each participant has a positive and enriching experience. Each week, players will focus on a key aspect of field hockey, progressively building their skills through a variety of drills, skill challenges, and small-sided games that promote movement, decision-making, and on-field awareness. Our experienced coaches create a fun and inclusive atmosphere, encouraging players to challenge themselves while working together as a team. In addition to skill development, athletes will enhance their fitness, agility, coordination, and reaction time, all of which are crucial for success in field hockey. By the end of the program, players will have gained a strong understanding of the game, improved their technical abilities, and built the confidence needed to continue playing and enjoying field hockey. The program culminates in a mini tournament, giving participants the opportunity to apply what they've learned in a fun and friendly competitive setting. This action-packed, skill-building program is perfect for beginners and developing players who want to learn field hockey in an encouraging, fast-paced, and exciting way! **Ages 6 - 12**

Fee: \$125; NR \$144

Location: Det. Christopher Jones Field

Date: Thu., Sep. 10 - Oct 15

Time: 5:00 PM - 6:00 PM



Soccer Shots is an engaging children's soccer program with a focus on character

development. Through unique curriculum and training support, expert early childhood coaches lead small age appropriate classes with soccer skills, lessons, creative games, and scrimmages. Classes are scheduled for Tuesday evenings and Saturday mornings. **Ages 2-8.**

For more information and enrollment:

[www.soccershots.org/lowerbucks](http://www.soccershots.org/lowerbucks)

For questions contact:

[lowerbucks@soccershots.com](mailto:lowerbucks@soccershots.com) or 267.630.1557

## SKATEBOARD LESSONS

This fall skateboard lessons will be available at Middletown Community Skatepark with Ramp Champ Skate Camp! Skate instructors will teach beginners skateboarding safety, skatepark etiquette, and how to ride. During intermediate lessons, skaters can expand their trick abilities and use various skatepark obstacles. Two hour sessions will include stretching and warming up, lesson specific opportunities, and games. Attendees must bring their own skateboard (longboards and penny boards not accepted), safety equipment, and drink. Skaters are required to wear a helmet, knee and elbow pads, and wrist guards. Expect to have fun, learn a lot, and make friends!

Fee: \$186; NR \$218

Location: Middletown Skatepark

### Beginners / AGES 6-9

Dates: Sat., Sep. 12 - Oct. 3

Time: 9:00 AM - 11:00 AM

### Beginners & Intermediate / AGES 10 - 13

Dates: Sat., Oct. 10 - Nov. 17

Time: 9:00 AM - 11:00 AM

## SOCCER STARS

Soccer Stars for **2-3-year-olds** is an exciting introduction to the game, designed to build confidence, coordination, and a love of being active. Through imaginative, age-appropriate activities, children develop body awareness and become more comfortable with the soccer ball while learning fundamental soccer skills such as dribbling, shooting, and an introduction to passing. Each class incorporates fun games with imaginative themes that promote sharing, listening, cooperation, and teamwork. Children also strengthen gross motor skills through movements like running, hopping, jumping, changing direction, and improving agility. In our positive and encouraging environment, young players build confidence, make friends, and develop a strong foundation for future soccer success. Optional jersey purchase \$25.

Fee: \$145; NR \$167

Location: Community Center

Date: Sun., Sep. 13 - Nov. 1

Time: 9:30 AM - 10:15 AM

## SOCCER STARS

Our Soccer Stars program for **3-5-year-olds** builds confidence with the ball while developing fundamental soccer skills in a fun, imaginative, and supportive environment. During each 45-minute class, children strengthen dribbling, passing, shooting, ball control, and footwork through engaging games and age-appropriate challenges. As players progress, they are introduced to the concepts of teammates, teamwork, spacing, and game awareness while continuing to improve coordination, balance, agility, speed, and overall athleticism. Dynamic dribbling exercises, change-of-direction activities, and partner games encourage cooperation, listening, respect, and confidence both on and off the field. Led by enthusiastic coaches in a positive, noncompetitive environment. Optional jersey purchase \$25.

Fee: \$145; NR \$167

Location: Community Center

Date: Sun., Sep. 13 - Nov. 1

Time: 10:20 AM - 11:05 AM

## SOCCER STARS

Soccer Stars **6-10 year** olds is perfect for players looking to build confidence & improve their game, this 50-minute class focuses on developing technical soccer skills in a fun, positive environment. Players will strengthen dribbling, passing, receiving, shooting, ball control, and footwork through engaging drills and small-sided games. Coaches also introduce teamwork, spacing, and game awareness while encouraging sportsmanship, confidence, and a lifelong love of soccer. Optional jersey purchase \$25.

Fee: \$145; NR \$167

Location: Community Center

Date: Sun., Sep. 13 - Nov. 1

Time: 11:10 AM - 12:00 PM

## SKYHAWKS BEGINNER GOLF

Skyhawks Beginner Golf, powered by Payne Stewart Golf Experiences, is the recommended entry-level program for PGA Junior Golf Camps. Using a games-based approach and modified equipment, kids easily learn putting, chipping, pitching, and full swings through fun, simple motions and learning rhymes. Specially designed, age appropriate golf equipment is provided. Every player receives a Skyhawks T-shirt and a glow-in-the-dark wristband. **Ages 5-10**

Fee: \$185; NR \$213

Location: Community Center

Date: Thu., Sep. 17 - Oct. 22

Time: 5:20 PM - 6:00 PM

## SKYHAWKS MULTI-SPORTS TOTS

Suitable for kids **aged 2 to 4**, this program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. Parent participation is required for ages 2 to 3, fostering bonding and fun. This is a dynamic introduction to sports, packed with learning and teamwork! Every child receives a SuperTots T-shirt and Skyhawks glow-in-the-dark wristband.

Fee: \$155; NR \$178

Location: Community Center

Date: Sat., Sep. 19 - Oct. 24

2-3 Yrs. Time: 3:00 PM - 3:40 PM

3-4 Yrs. Time: 3:50 PM - 4:30 PM

## SKYHAWKS BASEBALL TOTS

Step up to the plate with BaseballTots, for **ages 2 to 4**. These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. Each child receives a SuperTots T-shirt and Skyhawks glow in the dark bracelet. Parent participation required for ages 2 to 3

Fee: \$155; NR \$178

Location: Community Center

Date: Wed., Sep. 16 - Oct. 21

2-3 Yrs. Time: 4:30 PM - 5:10 PM

3-4 Yrs. Time: 5:20 PM - 6:00 PM

## SKYHAWKS GOLF TOTS

GolfTots introduces young athletes to the game of golf through fun, age-appropriate activities inspired by Payne Stewart Golf Experiences. This beginner-friendly program builds coordination, confidence, and a love for the game in a safe, supportive setting. Parent participation is required. Each child receives a SuperTots t-shirt and a glow-in-the-dark Skyhawks wristband! **Ages 2-4**

Fee: \$185; NR \$213

Location: Community Center

Date: Thu., Sep. 17 - Oct. 22

Time: 4:30 PM - 5:10 PM



# JOIN THE LAA COMMUNITY

HELPING KIDS PLAY, GROW,  
COMPETE, AND BELONG  
THROUGH YOUTH SPORTS

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VOLUNTEER.  
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Recreation and travel  
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Explore upcoming  
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# ***Langhorne United Soccer Club***

Affiliate of Langhorne Athletic Association (LAA)

## **Intramural Programs (ages 2-18):**

- ✓ For players who want to learn the game, develop skills, and have fun.
- ✓ Fall, Winter, and Spring registrations with additional training opportunities.

## **Travel Soccer Program:**

- ✓ For players looking for a higher level of competitive league play and tournaments.
- ✓ Current teams include connections with NLSA/Pre-ECNL, Professional Player Alex DeJohn, and Indoor State Champs



## ***Find More Information & Register Today!***

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Scan the QR code, go to <https://langhornesoccer.org/>, or email [President@LanghorneSoccer.org](mailto:President@LanghorneSoccer.org) for full details, specific dates, and registration links.



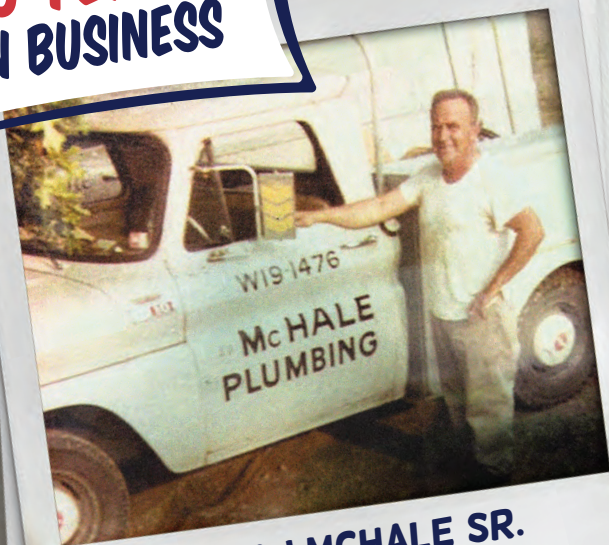
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AGES 2-6



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*Do you need help moving your elderly parents from their home?*

***Space is limited...Reserve Your Spot Today***

**215-757-7257 or [TheSwainTeam@gmail.com](mailto:TheSwainTeam@gmail.com)**

**Join us at for practical tips on:**

- **Decluttering** - Simple steps to start organizing
- **Downsizing Resources** - Professional help and learn what to do with your "STUFF"
- **Home Prep for Selling** - Key updates and staging and tips to net the most money
- **Support** - Guidance on easing into the transition.

**October 22, 2026**

**6:00 PM**

Middletown Twp Building  
3 Municipal Way  
Langhorne, Pa 19047

## PRESENTERS

**Christina Swain | Senior Real Estate Specialist**  
**[www.RealtorInRed.com](http://www.RealtorInRed.com) | 215.757.7257**

**Marlene Stocks | Senior Transition Services**

Marlene is an entrepreneur with proven expertise in senior move management. **[www.senior-transition-services.com](http://www.senior-transition-services.com)**



**Christina Swain**  
**Swain Real Estate**



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## MIDDLETOWN PARKS & FACILITIES

| Park / Facility                                    | Acreage      | Address / Location                                  | Amenities                                                                                                                                                                                                                                                                            |
|----------------------------------------------------|--------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Supervisor Anna Payne Memorial Park                | Not provided | Cobalt Cross Rd. Levittown PA 19057                 | Neighborhood Park: Accessible playground, ½ Basketball Court, Benches                                                                                                                                                                                                                |
| Raymond P. Mongillo, Sr. Community Center          | 5.4 acres    | 2140 Trenton Road, Levittown                        | Community center; Middletown Senior citizens' association; recreation and fitness programs; private-event rental space; outdoor bocce, 3 pickleball courts, shade pavilion, community garden, playground, parking                                                                    |
| Middletown Community Park                          | 42 acres     | 2600 Langhorne/Yardley Road                         | Veterans' Memorial; gazebo; concrete skate park; 2 softball fields; 2 60' baseball fields; 1 90' baseball field; 4 soccer fields; basketball court; walking paths; playground; benches; 2 concession stands; batting cage, bathrooms, parking, electronic kickwall with virtual play |
| The Barn at Middletown Community Park              |              | 2600 Langhorne/Yardley Road                         | Rental Space, small, kitchen, bathrooms, recreation and fitness programs, Artfest at the Barn, parking                                                                                                                                                                               |
| Delaware Park                                      | 5.8 acres    | Wyoming Avenue off Durham Road                      | Natural habitat area; walking path; benches; picnic area                                                                                                                                                                                                                             |
| Detective Christopher Jones Memorial Park          | 15.9 acres   | Beechwood and West Maple Avenues                    | Neighborhood Park: Softball field; large rectangular field; playground; walking paths; picnic tables; numbered trees/native tree search, parking, shade structures, parking                                                                                                          |
| Deep Dale East Park                                |              | Levittown Pa                                        | No Amenities                                                                                                                                                                                                                                                                         |
| Detweiler Park                                     | 2.4 acres    | Off Fox Lane, Langhorne                             | No amenities                                                                                                                                                                                                                                                                         |
| Firefighters' Park                                 | 13.2 acres   | Poplar Street                                       | 2 baseball/softball fields; 8 lighted pickleball courts, 2 basketball courts; playground; picnic tables; benches, parking                                                                                                                                                            |
| Forsythia Crossing Park                            | 6.6 acres    | 151 Forsythia Cross Rd. Levittown PA 19057          | Neighborhood Park: Roller hockey rink; playground; walking path; picnic area; gazebo, passive open space, benches, parking                                                                                                                                                           |
| Harris Park                                        | 2.6 acres    | Between Harris Avenue and the Neshaminy Creek       | Passive open space                                                                                                                                                                                                                                                                   |
| Herbert Hoover Park                                |              | 501 Trenton Rd Langhorne PA 1947                    | Soccer facility; leased from Neshaminy School District                                                                                                                                                                                                                               |
| Lance Corporal Harry J. Simmons, Jr. Memorial Park | 7.0 acres    | Brownsville Road, Langhorne PA 19047                | Neighborhood Park: Softball field; 2 basketball courts; 3 tennis courts; 2 playgrounds (ages 2–5 and 5–12); walking paths; passive open space                                                                                                                                        |
| Lions Playground (Lions Park)                      | 1.4 acres    | Corner of Trenton Road and Route 413, Snowball Gate | Playground; picnic table; benches, minimal parking.                                                                                                                                                                                                                                  |
| Periwinkle Park                                    | 3.4 acres    | Periwinkle Avenue off Brownsville Road              | Passive open space adjacent to Neshaminy Creek, creek access, fishing                                                                                                                                                                                                                |
| Quincy Hollow Park                                 | 0.4 acres    | Between Quincy Hollow and Queen Anne Creek          | Mini Park: Basketball court; open space                                                                                                                                                                                                                                              |
| Sunflower Park                                     | 0.4 acres    | Sunflower Avenue                                    | Playground, gazebo, picnic area, benches                                                                                                                                                                                                                                             |
| Tareyton Estates Park                              |              | Tareyton Drive, Langhorne PA 19047                  | Neighborhood Park: Playground; picnic tables; benches; passive open space                                                                                                                                                                                                            |
| Twin Oaks Park                                     | 18.0 acres   | 2897 Trenton Road, Levittown PA 19056               | 1 Babe Ruth League baseball field; 3 Little League baseball fields; 3 softball fields; 1 T-Ball field; 2 soccer fields; playground; benches, 2 concession stands, parking                                                                                                            |
| Upper Orchard Park                                 | 0.9 acres    | Upper Orchard Drive, Levittown PA 19056             | Half-court basketball; playground; picnic table; benches                                                                                                                                                                                                                             |
| Veterans Memorial Park                             | Not provided | 700 Veterans Highway, Levittown PA 19056            | Walking path honoring veterans; authentic Army tank; memorial; picnic pavilion; benches                                                                                                                                                                                              |

**MIDDLETOWN TOWNSHIP  
PARKS & RECREATION  
DEPARTMENT**

**3 Municipal Way  
Langhorne, PA 19047**

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# Residential Customer

**OFFICE CLOSURES**

**SEPTEMBER 7**  
Labor Day

**OCTOBER 12**  
Columbus Day

**NOVEMBER 3**  
Election Day

**NOVEMBER 11**  
Veterans Day

**NOVEMBER 26 & 27**  
Thanksgiving

**DECEMBER 24 & 25**  
Christmas

**BUSINESS HOURS:**  
MONDAY - FRIDAY  
8:30 AM - 4:30 PM

