

MIDDLETOWN TOWNSHIP PRESENTS:

GATES CATES

LIVE MUSIC FROM



SATURDAY SEPTEMBER

927

FORSYTHIA CROSSING PARK 12:00PM - 5:00PM

LIVE MUSIC FOOD & DRINKS CRAFT BEER & WINE INFLATABLES SHOPPING VENDORS AND MORE...

FOR MORE INFORMATION:



MIDDLETOWNBUCKS.ORG 215-750-3890



MIDDLETOWN ENVIRONMENTAL ADVISORY COUNCIL

presents

ENVIRONMENTALLY SPEAKING SERIES

A Conversation with Bucks County Water & Sewer

TUESDAY, SEPTEMBER 16TH · 6:30 PM - 8:00 PM MIDDLETOWN MUNICIPAL CENTER · 3 MUNICIPAL WAY

Please join for a **FREE** presentation and discussion with Benjamin Jones, CEO of the Bucks County Water and Sewer Authority (BCWSA), which provides service within Middletown Township.

The range of topics may include:

- An over view of BCWSA, its mission, and service to Middletown Township
- Discussion/update of the ongoing Neshaminy Interceptor project
- Infiltration & Inflow considerations for residents
- Discussion of plans for PFAS treatment (water/wastewater)

Register at middletownbucks.org/recdesk



Steps to Lower a Carbon Footprint

TUESDAY, OCTOBER 21ST 6:30 PM - 8:00 PM

MIDDLETOWN MUNICIPAL CENTER · 3 MUNICIPAL WAY

We could all use a **FREE** lesson on how to live more gently while saving money.

When Jonathan Sprout moved to Southampton, Pennsylvania's Bryn Gweled Homesteads in 2013, he began to reduce his carbon footprint and living expenses. Solar panels, HVAC improvements, yard tweaks, and a shift in lifestyle added to the creation of Jonathan's sustainable Net Zero home. Laugh along with the best original Carbon Footprint jokes east of the Grand Canyon while learning (and bringing home) pages of specific steps each of us can take to approach Net Zero Living.



MIDDLETOWN MUNICIPAL CENTER DEC. 11 5:30 PM - 8:30 PM

FREE FAMILY EVENT

Activities include pictures with Santa, Horse drawn carriage rides, kids crafts, live music, inflatables, food, drink, holiday shopping and much more!

SANTA'S MAILBOX

Santa will set up his Mailbox at the Municipal Center November 29.
Children ages 1-8 are welcome to mail their letters to Santa, care of the Middletown Township Parks & Recreation Dept. and Santa will mail a reply. Letters must be received by December 15, 2025.
Make sure you include self-addressed stamped envelope with your letters.

Letters can be dropped at: 3 Municipal Way . Langhorne, PA 19047

Volunteers needed

Every community is bound together by its people and events – sharing time together, improving the landscape, not so much for themselves but for others. Community is about growing with others in a shared task. These volunteer events offer the chance to spend time with family or community members to keep Middletown a great place to live. Register for each event that interests you even if you cannot make this one. We will have your contact information for the next time. As each event approaches, we will email reminders. Registration can be done at www.middletownbucks.org/recdesk

FALLTRASH CLEAN UP

Sat., September 20 9:00 AM - 11:00 AM along Veterans Highway

GARDEN CLEAN UP

Sat., October 25 9:30 AM - 11:30 AM at the Senior Center

TREE PLANTING

Date TBD 9:30 AM - 11:30 AM



PENNDEL-MIDDLETOWN EMERGENCY SQUAD

The Penndel-Middletown Emergency Squad offers many training opportunities for our community members, businesses, local athletic associations and other organizations.

CONTACT US

Andrew Foley

Lieutenant, Public Relations Coordinator

Station: 215-757-2663 **Cell:** 267-637-7583

Email: AFoley@pmems.org

616 E Lincoln Highway, Langhorne PA 19047

COURSES & TRAININGS WE PROVIDE

American Heart Association
Hands Only CPR, Full CPR Class

PALS (Pediatrics) and ACLS (Cardiac) certification courses for medical professionals

Bleeding Control (Stop the Bleed)
General medical emergency
lectures including targeted topics

OTHER SERVICES WE CAN PROVIDE OUR COMMUNITY

Health fair representatives

Event coverage:

- 5k events
- · Sports events
- and more!







2142 TRENTON RD. LEVITTOWN, PA 19056

WE NEED YOUR SUPPORT







The Middletown Senior Citizens Association (M.S.C.A.) is a non-profit organization dedicated to serving adults aged 55 and older. Our mission is to keep seniors in the community active, socially engaged, educated, and fulfilled. In addition to being a vital resource hub, our center offers a diverse range of activities, educational workshops, self-care programs, social gatherings, meals, and more. From our fitness rooms to our cozy library, there is truly something for everyone.

Despite having only three employees, we rely significantly on the support of volunteers to ensure the smooth operation of the center. M.S.C.A. receives partial funding from the Bucks County Area Agency on Aging and sustains its programs through grants, fundraising efforts, and contributions from local businesses and community members. In light of recent funding cuts and rising operational costs affecting many organizations, we are seeking the support of our community to continue fulfilling our mission of serving seniors.

Ways You Can Help:

- Join as a member for only \$15 per year.
- Monetary donations can be made via cash, check, or our GoFundMe page.
- Become a Sponsor for Our Events and Fundraisers.
- Volunteer at the center

Learn more about M.S.C.A. on our website and Facebook Page.

https://www.mtseniors.org

https://www.facebook.com/MTSeniorCitizens

https://gofund.me/735abfd7

Donations are Tax Deductible (Tax ID # 23-2093594).

For more information about these or additional ways to support the center, please contact the Director (information below).

Contact Us









We learn from each other; that's how it's always been. One area we look to others for inspiration is our homes, which represent the largest investment many of us will make. We want to get it right. As we consider measures to make our homes energy efficient, it's helpful to consider the experience of our neighbors.

SchoolCrossingGuard

The Middletown EAC would like to support that process by compiling tips from residents across the many neighborhoods in the township. Would you like to contribute your homeowner tips related to energy efficiency projects you've done? Your input could take the form of a single sentence summary or several paragraphs that describe your energy-saving efforts.

Send your tips to eac@middletownbucks.org. Once we have compiled tips they will be made publicly available at www.middletownbucks.org/eac

EXAMPLE TIPS

"When purchasing a new HVAC unit for your house, consider purchasing a unit with a variable speed fan motor, a "smart" programmable thermostat, with a Seasonal Energy Efficiency Ratio (SEER) rating of 15 or higher. When my thermostat malfunctioned last winter, I paid an additional \$100 per month while the unit was operating inefficiently. Once I replaced the thermostat and the unit's efficiency improved, my average electric bill dropped by approximately \$100/month. The monthly savings I have received with the 15 SEER unit has been worth the higher initial costs of this HVAC unit."

Peter - Swan Point

"Energy efficient appliances were installed as well as energy, efficient windows and doors." DF - Cider Knoll

"I converted all of my lights, wired and plug-in, to LEDs and added a solar powered light to illuminate the house number at night so that it is visible even during a power failure."

Kevin D. - Forsythia Gate



Vibrational Sound Healing

Sound Bath is a deeply restorative, listening experience that uses the sounds of crystal bowls and other instruments to bring gentle, yet powerful restorative, nurturing changes to the mind and body. This class combines gentle movements to invite even deeper, subtle shifts in consciousness, self-awareness and inquiry. Wear comfortable clothing, bring a blanket and eye pillow if you wish.

Fee: \$34; NR \$42 Location: The Barn Session 1: Fri., Sep. 19 Session 2: Fri., Oct. 17 Session 3: Fri., Nov. 14

Time: 6:30 PM - 7:30 PM

Private Dog Training Lessons

Do you want your puppy or dog to learn to walk nicely on a leash? Would you love for your dog to stop counter surfing or jumping on people? Join Sit Happens Dog Training for personalized on-on- one dog training! Sit Happens has over 30 years of experience and has had dogs achieve numerous awards and titles in dog shows. Group lessons can be difficult because of the distractions of other dogs. With private lessons, they will work on what YOUR puppy/dog needs. . All levels from basics to advanced/rally obedience and tricks can register. After registering the instructor will contact you directly to schedule your lessons.

Fee: \$120 (2 lesson minimum)

Location: The Barn

Availability: Mondays & Wednesdays

9:00 AM - 10:00 AM

Tuesdays

5:00 PM - 6:00 PM

Days & Time subject to change

True Beginner Pickleball Lessons

Pickleball is the fastest growing sport in the nation. It is a mini-tennis game that is a combination of pingpong, tennis and badminton played with graphite paddles and unique plastic balls. It is a great sport for all ages that is easy to learn and provides plenty of exercise. Students will learn etiquette, safety, rules, strokes, serves, scoring and gameplay in this one-day workshop, taught by certified pickleball instructor Marcy Lynch. Balls & Paddles are included. This is a great way for new players to learn more and refine their skills before joining our local pickleball group on Mondays & Thursdays at Firefighters' Park.

Fee: \$60; NR \$70

Location: Senior Center Courts

Session 1: Sat., Sep. 6 Session 2: Sat., Sep. 20 Session 3: Sat., Oct. 11

Time: 10:00 AM - 12:00 PM

Full Moon Yoga

This is not just a yoga class. This is a time when we use the Lunar Energy to connect with the sacred space within us. Let us let the light of the full moon guide us home to our inner strength and power. Led by Jamie, seasoned yoga instructor and reiki master.

Fee: \$34; \$42 NR

Location: Det. Chris Jones Memorial Park

Session 1: Mon., Oct. 6

Time: 6:00 PM - 7:15 PM

Location: The Barn Session 2: Thu., Nov. 6

Time: 7:00 PM - 8:15 PM

Session 3: Thu., Dec. 4

Time: 7:00 PM - 8:15 PM

Mahjongg 101

This program will teach you to play the American version of the fun and engaging Chinese tile based game of Mahjongg. You will learn the basics of game play, how to build and break walls, and strategy for end game moves. After this 4-week program you should know everything you need to in order to start playing!

Fee: \$60; NR \$72 Location: The Barn

Session 1: Fri., Sep. 12 - Oct. 3 Session 2: Fri., Oct. 10 - Oct. 31 Time: 10:00 AM - 12:00 PM

Canasta 101

Socialize while learning to play a new card game in 4 easy lessons! Bring your friends! Week 1 = Rules, Basics of play, Melds, Types of canastas, Object of game. Week 2 = Playing your hand, having a partner, taking the pack. Week 3 = Strategies. Week 4 = Scoring, penalties, special hands.

Fee: \$60; NR \$72 Location: The Barn

Session 1: Fri., Sep. 12 - Oct. 3 Session 2: Fri., Oct. 10 - Oct. 31 Time: 1:00 PM - 3:00 PM

Adult Kickball

Looking for something new and fun to kickoff your weekends this Fall? Register for Adult Kickball. Team registration is required (minumum 10 players needed). Team t-shirts will be provided, but there is an optional discount team fee if you are providing your own shirts. It is a six-week season and each game lasts about one hour. It is a fun way to start the weekend.

Fee: \$450 Team fee; \$350

Team Shirt Discount

Location: Community Park
Date: Fri., Sep. 12 - Oct. 17
Time: 6:30 PM - 9:00 PM

Tennis Lessons

Adults, ages 14+, play five one-hour Wed. classes. See their website to register for the proper class based on your skill level at www.playtennis.usta.com/buckscounty.

Fee: \$75

Location: Simmons Park

Date: Wed., Sep. 10 - Oct. 15 Time: 7:30 PM - 8:30 PM

Middletown Pickleball Club

Pickleball is one of the fastest growing sports in the country, and Middletown Pickelball club is the best way to enjoy organized pickleball play in our area. Members of this club will have access to our online sign-up system through Court Reserve and can sign up to join friends or players of similar skill sets during set times at both pickleball court locations in the township. All reserved times will have hosts who help to organize the play times and keep the pace of play moving. Members will also enjoy discounts on pickleball leagues, tournaments, and programs. For more information about how to register and the schedule for 2025 please visit www. middletownbucks.org/pickleball for updates.

Annual Fee: \$58; NR \$120 Location: Firefighters' Park

Outdoor Fall Walks

Long walks encourage a healthy, active lifestyle.Middletown P&R leads a series of 75-minute fall walks on Saturdays through Tyler State Park. The class is open to any fitness level. Pre-registration is required. We will contact you on the preceding Friday about the walk, after we check the weather.

Fee: FREE

Location: Tyler State Park (Fisherman's Lot)

1440 Newtown Richboro Rd

Newtown PA 18940

Date: Sat., Sep. 13, Oct. 11 & Nov. 8

Time: 11:00 AM

Bocce League

Teams of 2 will compete in this 5-week Bocce season. Sign up as a team or individually and we will place you on a team. There will be additional opportunities for learning Bocce more in depth prior to games starting, and the schedule will adjust slightly as it gets darker earlier. Open to players of any abilities. Ages 21+

Fee: \$50 Team; \$30 Individuals

Location: Community Center
Date: Wed. Sep. 17 - Oct. 15
Time: 5:00 PM - 7:00 PM

Golf Lessons

A 4-week beginner course. For details visit: www.middletownbucks.org/recdesk

Fee: \$125; NR \$145

Location: Middletown Country Club

Date: Fri., Oct. 3 - Oct. 24 Time: 12:00 PM - 1:00 PM

YOGA

Yoga is a discipline that incorporates breath control, simple meditation, mindful stretching, and is widely practiced for health and relaxation. These classes are open to beginning and advanced students. Individual attention will be emphasized. We offer four types of yoga classes. Beginning, Find Your Flow, and Just Yoga classes are similar beginner classes so just pick the day, time and location that work best for you. Bring your own mat to each yoga class. Chair Yoga is suited for people who battle arthritis, have joint issues, or trouble with balance. No mat is required for chair, we provide the chair.

Just Yoga with Amelia

Fee: \$77; NR \$91

Location: Community Center Session 1: Mon., Sep. 8 - Oct. 20 Session 2: Mon., Oct. 27 - Dec. 8 Time: 6:30 PM - 7:30 PM

Beginning Yoga with Carol

Fee: \$77; NR \$91 Location: The Barn

Session 1: Tue., Sep. 9 - Oct. 21 Session 2: Tue., Oct. 28 - Dec. 16 Time: 5:15 PM - 6:15 PM, or

6:30 PM - 7:30 PM

Find Your Flow Yoga with Jamie

Fee: \$77; NR \$91 Location: The Barn

Session 1: Thu., Sep. 11 - Oct. 23 Session 2: Thu., Oct. 30 - Dec. 18

Time: 5:45 PM - 6:45 PM

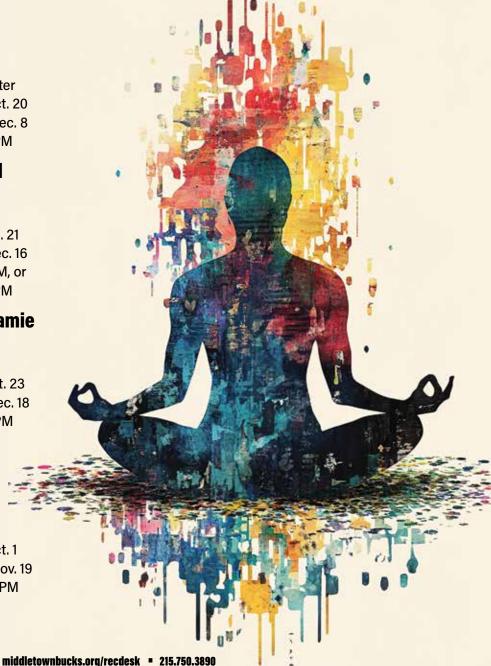
Posture, Flexibility & Chair Yoga with Nita

Fee: \$56; NR \$63 Location: The Barn

Session 1: Wed., Sep. 3 - Oct. 1 Session 2: Wed., Oct. 22 - Nov. 19

Time: 11:00 AM - 12:00 PM

*NR = Non-Resident





Qi-Gong Tai Chi

Qi Gong and Tai Chi and are ancient practices that have led to improved health, fitness, well-being and longevity. Practice in deep conscious breathing and slow movement will bring about balance, alignment, and internal strength. This 7-week session is open to all levels, Isse Elston leads the Tue, & Wed, sessions.

> Fee: \$56; NR \$63 Location: Community Center Session 1: Tue., Sep. 9 - Oct. 21

Session 2: Tue., Oct. 28 - Dec. 16

Location: The Barn

Session 1: Wed., Sep. 10 - Oct. 22 Session 2: Wed., Oct. 29 - Dec. 17 Time 7:00 PM - 8:00 PM

Zumba

Zumba is a high-energy dance and cardio workout that incorporates Latin-inspired moves to popular music making it a fun and easy class to follow. Zumba is open to beginner and advanced students. Optional for toning - no more than 2 lb.-dumbbells or 2.5 lb.-toning sticks. Please bring water and a towel. We offer Zumba twice a week so pick the day that works best for your schedule. Carolyn teaches both days.

Fee: \$56; NR \$63

Location: Community Center Session 1: Tue., Sep. 9 - Oct. 21 Session 2: Thu., Sep. 11 - Oct. 23 Session 3: Tue., Oct. 28 - Dec. 16 Session 4: Thu., Oct. 30 - Dec. 18 Time: 6:30 PM - 7:30 PM

Morning Zumba

Fee: \$56; NR \$63

Location: Langhorne Yardley Rd. PMES 167

Date: Thu., Sep. 11 - Oct. 23 Session 2: Thu., Oct. 30 - Dec. 18 Time: 9:30 AM - 10:30 AM

NEW! Beginner Tai Chi

New to Qi Gong or Tai Chi? This 7-week beginner class with Chris is the perfect place to start. Learn to develop and direct your body's energy (Chi) through gentle movement and breathwork to improve balance, flexibility, focus, and overall well-being. Includes a custom student handbook.

> Fee: \$49: NR \$56 Location: The Barn

> > Date: Wed., Oct. 1 - Nov. 12 Time 6:00 PM - 7:00 PM

Country Line Dancing

A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, in the same direction, and executing the steps at the same time. Our seasoned instructors teach you to kick, stomp, & boot-scoot your way in our Community Center Main Hall. Come alone or bring friends. Make Wednesdays your fun night out.

Fee: \$86; NR \$97

Location: Community Center Session 1: Wed., Sep. 17 - Oct. 29 Session 2: Wed., Nov. 5 - Dec. 17 Time: 6:30 PM - 7:30 PM

Yang Family Tai Chi

This form of Tai Chi will increase your strength, flexibility, improve balance and reduce the effects of stress. It acts like/supplements physical therapy by increasing self-awareness and improves body mechanics. It introduces the 8 Energies of Yang Style Tai Chi Chuan; how to cultivate and circulate them for increased strength and health while learning a 10-movement form. This class is taught by a Disciple of the 6th Generation Grand Master, Master Yang Jun, Jason Timony. And again, have fun!

Fee: \$56; NR \$63

Location: Penndel-Middletown

Emergency Squad

Session 1: Thu., Sep. 11 - Oct. 23 Session 2: Thu., Oct. 30 - Dec. 18

Time 7:15 PM - 8:15 PM



YogaDance- Quarterly Class with Nita

Laugh, move, and let go of stress in this fun, supportive YogaDance experience! Combining gentle to moderate movements with yoga-inspired stretches and flowing motions, this class encourages creativity and connection. You can follow along with the instructor or create your own moves—no dance experience needed. Expect a mix of light strengthening exercises, relaxation, and moments of self-expression, all set to uplifting music. Wear comfortable clothing and bring water. Perfect for all levels of fitness and flexibility!

Fee: \$18; NR \$25 Location: The Barn Date: Sat., Nov. 8

Time 9:30 AM - 10:45 AM

Chair Yoga/Posture & Flexibilty Quarterly Class with Nita

Learn simple stretching techniques while seated or standing that can be used throughout the day. Customized to the needs of the group, to improve posture, flexibility and release chronic muscle tension. This program will provide awareness to prevent and alleviate aches, pains, and 'age-related' symptoms. Chairs are provided. Please bring a yoga strap or hand towel and wear comfortable clothing. Monthly class is perfect as a refresher, for busy schedules or to sample before taking the weekly class!

Fee: \$18; NR \$25 Location: The Barn Session 1: Thu., Nov. 6 Session 2: Sat., Nov. 8

Time 11:00 AM - 12:15 PM

Seated Massage Therapy Lesson with Nita

Share the gift of relaxation and strengthen connection with your special friend or partner in this fun and informative class that will be performed while the person receiving is seated and the person giving is standing.

Nita Keesler LMT has over 30 years experience. You will learn simple techniques to help relieve stress and muscle tension without hurting your hands! This program will focus on the head, neck, shoulders, back and hands. The registration covers the cost of a pair. Bring your partner, friend, or family member. Please dress comfortably.

Fee: \$50; NR \$65 Location: The Barn Date: Fri., Nov. 7

Time: 6:30 PM -8:00 PM

Muscle Nerd Fitness

Fitness can be a fun and exciting way to improve yourself without fear of heavy weights or the classic 'gym rat' stereotypes. Muscle Nerd Fitness aims to engage the participants in aerobic and anaerobic exercises designed to improve posture, fitness levels and overall health. Taught by Hope Lichtner, a certified personal trainer with experience in one-on-one training and larger group lessons, for a variety of lifestyles.

> Fee: \$56; NR \$63 Location: Community Center Date: Sat., Oct. 25 - Dec. 13 Time: 9:00 AM - 10:00 AM

ARTPrograms

Learn to Knit

This 6-week program is an introduction to knitting for the complete beginner. Participants will learn the basic knit stitch, how to work with yarn, how to start & end a piece of knitting, and how to knit a scarf. No previous experience necessary! This class is taught by local artist Deborah Eater. There is a \$10 materials fee payable to the instructor at the first class.

> Fee: \$80; NR \$96 Location: The Barn

> > Date: Mon., Sep. 29 - Nov. 3 Time: 5:30 PM - 6:30 PM

Knitting Refresher Course

This 7-week program will review the basics of knitting—cast on, cast off, knit stitch, purl stitch, increasing or decreasing stitches—for people who've already learned them, whether recently or long ago. Participants will have their memory refreshed on what they already know (or once knew) about knitting and gain confidence in their skills. This class is designed for people who have learned how to knit at some point but are looking to refresh and refine their skills.

Fee: \$40; NR \$48 Location: The Barn

> Date: Mon., Nov. 10 - Nov. 24 Time: 5:30 PM - 6:30 PM

Glass Fusing

Discover the art of glass fusing in this fun, beginner-friendly two-day class led by local artist Linda Reboh. Learn design, glass cutting, and color blending while working with sheet glass, frit, decals, and shimmering dichroic glass. Over two sessions, you'll perfect one or two unique projects—jewelry, a bowl, coasters, or a wall hanging—to take home. Enjoy a relaxed, social atmosphere, and leave with beautiful works of art you made yourself. All materials provided; no experience needed.

Fee: \$125; NR \$144 Location: The Barn

Session 1: Sun., Sep. 21 & Sep. 28
Session 2: Sun., Oct. 19 & Oct. 26
Session 3: Sun., Nov. 9 & Nov. 16
Time: 1:00 PM - 3:00 PM

Glass Fusing Holiday Ornaments

Make this holiday special with glass pieces you create yourself. Using glass sheets, molds and other types of glass mediums you can create beautiful ornaments, plates, bowls or suncatchers for the holidays. No experience necessary. Come make new friends and create unique glass that will impress your friends and family. Class taught by local artist Linda Reboh, who has 10 years experience teaching art programs.

Fee: \$125; NR \$144 Location: The Barn

> Date: Sun., Nov. 30 & Dec. 7 Time: 1:00 PM - 3:00 PM

Resin Art Creations Workshop

Explore the mesmerizing world of resin in this fun, beginner-friendly two-day workshop led by local artist Linda Reboh. Learn safety, mixing, and pouring techniques, plus how to add color, texture, and other media for stunning effects. Over two sessions, you'll complete one or two unique projects—such as jewelry, coasters, candle holders, vases, or wall art—while experimenting with your own creative style.

Fee: \$125; NR \$144 Location: The Barn

Session 1: Sun., Oct. 5 & Oct. 12 Session 2: Thu., Nov. 13 & Nov. 20 Time: 1:00 PM - 3:00 PM

Painterly Collage Workshop

It is like painting with paper! In this one-day workshop, discover how nationally recognized collage artist Deborah Eater uses pieces of paper as brushstrokes in a painting and create a painterly 5" x 7" collage. Topics will include collage materials and how to prepare them, creating painterly effects, and troubleshooting project ideas. There will be a short midday break. Participants should bring a lunch and a \$20 materials fee payable to the instructor.

Fee: \$80; NR \$96 Location: The Barn Date: Sat., Nov. 8

Time: 9:00 AM - 3:00 PM

Drawing From Nature (Indoors)

Learn to draw organic forms such as flower, leaves, fruits, and vegetables. Use shading and mark-making to give your drawings texture and depth. Participants will improve their skills in drawing and observation. Each person should bring a pad of large drawing paper and a pencil. This 5-week program is taught by Deborah Eater. There is a \$15 materials fee payable to the instructor at the first class. This session is offered indoors and outdoors based on the time of the year, with differing options for time of day as well.

Fee: \$100; NR \$125 Location: The Barn

> Date: Tue., Nov. 11 - Dec. 9 Time: 1:00 PM - 3:00 PM or 5:30 PM - 7:30 PM

Beginner Drawing

Drawing skills are the foundation of most ways of making art, but drawing is also a form of art in itself. This class is for beginners with little to no drawing experience. Participants will work with both charcoal and pencil to learn to draw accurately from life, plus how to use line and shading to bring their drawings to life. Each registrant should bring a pad of drawing paper (medium surface is best). \$10 materials fee is due to the instructor at the first class. Taught by local artist Deborah Eater. 7-weeks.

Fee: \$140; NR \$168 Location: The Barn

> Date: Tue., Sep. 23 - Nov. 4 Time: 1:00 PM - 3:00 PM or 5:30 PM - 7:30 PM

Adult Pottery with InDiStudio

In this four-week class you will learn about hand building pottery, textures, and glazing. Every class will begin with a lesson on a pottery technique. Over the four weeks you will be able to take what you have learned to create and glaze 3 unique pieces. Please join us to create, meet others, and relax. All supplies included. All pottery will be fired and dropped off at the Parks and Rec office within a week of the last class. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on

Fee: \$150; NR \$170 Location: The Barn

> Date: Fri., Oct. 3 - Oct. 24 Time: 6:30 PM - 8:00 PM

Ceramic Ghost Pottery Workshop

Get into the 'Spirit' of the season with this Fun, Fall, Ghost Workshop. It's perfect to decorate your mantle or create a scary centerpiece. In this workshop you will work with clay to create a unique ghost through the use of hand building, texture, and glazing techniques. All materials included. Your ghost will be available for pick up one week after the class date at the Township office. For pictures of previous projects check out ourFacebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1

Fee: \$63; NR \$72 Location: The Barn Date: Sat., Oct. 11

Time: 10:00 AM - 12:00 PM

Pumpkin Pottery Workshop

Prepare your home for fall with a festive ceramic pumpkin or pumpkin container. It's perfect to decorate your mantle, create a beautiful centerpiece, or store some tasty fall treats. In this workshop you will work with clay to create a unique pumpkin through the use of hand building, texture, and glazing techniques. All materials included. Your pumpkin will be available for pick up one week after the class date at the Township office. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1

Fee: \$63; NR \$72 Location: The Barn Date: Sat., Nov. 8

Time: 10:00 AM - 12:00 PM

Winter Gnome Pottery Workshop

Add a friend to your holiday celebrations with your own winter gnome. It's perfect to decorate your mantle or bring fun and conversation to your holiday table. In this workshop you will work with clay to create a unique gnome through the use of hand building, texture, and glazing techniques. All materials included. Your gnome will be available for pick up one week after the class date at the Township office. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1

Fee: \$63; NR \$72 Location: The Barn Date: Sat., Dec. 13

Time: 10:00 AM - 12:00 PM

Collage Elements

This 6-week program will teach students how to use principles of composition and elements of design that underlie all forms of art to create an attention-getting fine art collage. Learning these basic elements will also give students a baseline to understand the foundations of "good art" in all mediums. Students will take-away at least one collage at the end of the program, but students could produce several frameable works of art throughout the program. The class is taught by local artist Deborah Eater who has been creating award-winning collages for over 25 years. All supplies are provided, and a \$20 materials fee is due to the instructor at the first class. No prior experience or knowledge is necessary to participate.

Fee: \$120; NR \$132 Location: The Barn

Date: Wed., Sep. 24 - Oct. 29 Time: 1:00 PM - 3:00 PM





Estate Planning: Begin with a Will

An estate plan is a strategy for how your assets will be transferred after death. A Will is the cornerstone of your estate plan and is created so that state law does not determine how your estate is divided. In this session James F. Burns, Jr., financial advisor with Creative Financial Group, will explain the essential components of a Will as well as Trusts, Gifting, and Life Insurance – additional estate planning tools and strategies used to help distribute your assets in the most efficient manner. All attendees will receive a "Will Checklist" – a great resource to put next steps into action.

Fee: FREE

Location: Middletown Municipal Center

Date: Wed., Sep. 17 Time: 6:30 PM - 7:30 PM

Smart Tax Strategies for Small Business Owners & Investors

This seminar will be presented by Diana Rivera Team in collaboration with a bilingual CPA, and it will focus on practical, goal-oriented tax planning strategies tailored for both small business owners and real estate investors.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Sep. 18 Time: 6:00 PM -8:00 PM

Selling Your Home

Learn how to net the most money for your home in today's market, what home improvements provide the greatest return on investment,



and what an expert real estate team can provide to you in increased offers and reduced stress. Seminar is suitable for owners thinking about moving within 5 months or 5 years. Presented by The Swain Team. Pre-registration is required.

Fee: FREE

Location 1: Municipal Center

Date: Thu., Oct 2

Time: 6:30 PM - 7:30 PM

Planning for Retirement

Planning for retirement income is an important part of someone's long-term financial well-being. In this session James Burns, Jr., financial advisor with Creative Financial Group, will outline common sources of retirement income including 401(k)s, IRAs (Traditional & Roth), Social Security, Annuities, and other secondary sources of income. We will also discuss the importance of aligning types of income and expected expenses (4-Box Strategy). Permanent life insurance cash value for supplemental retirement income is also highlighted. All attendees will receive a "Risk Tolerance Quiz" – a valuable resource to help make informed financial decisions, including asset allocation and diversification.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Oct. 9

Time: 6:30 PM - 7:30 PM

Know Your Medicare Options

During this FREE educational seminar, you will learn

- How Medicare works and what it covers

- How Part "D" prescription cards work and how to pick the right one for you

- The differences between Medicare Supplements and Medicare Advantage plans

This seminar is suitable whether you have decisions to make during open enrollment period, or just want to learn in preparation of that time. Presented by Steve Bobrin, a Medicare planning specialist with DelVal Senior Advisors. Pre-registration is required.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Oct. 23 Time: 6:30 PM - 8:00 PM

Downsizing and Preparing to Sell

Have you lived in your home for years and accumulated a lot of "stuff" but don't know where to start or what to do with it? Do you need help moving your elderly parents from their home into retirement living? Learn where to start, resources and how to prepare your home for today's market. Christina Swain is joined by Marlene Stocks with Senior Transitions Services for this presentation. Pre-registration is required.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Oct.30 Time: 6:00 PM - 7:30 PM

Hands Only CPR

This FREE one-hour training taught by Penndel-Middletown Emergency Squad is ideal for volunteer youth sport coaches, adult players, and parents who volunteer as chaperones for school events. This CPR Training will teach the American Heart Association Hands-Only CPR and general awareness of using an AED. This class is NOT a certification class but will provide the information and skills necessary to save a life. We encourage as many people as possible in your organization to attend. Manikins will be available for practice. Class size is limited so registration is required.

Fee: FREE

Location: Middletown Municipal Center

Date: Wed., Oct. 8 Time: 7:00 PM - 8:00 PM

AHA CPR Certification

This three hour training taught by Penndel-Middletown Emergency Squad is ideal for volunteer youth sport coaches, adult players, and parents who volunteer as chaperones for school events. This CPR Training will teach the American Heart Association Hands-Only CPR and general awareness of using an AED. This class is a certification class that will provide each participant with a 2 year CPR certification. Class size is limited so registration is required.

Fee: \$85; NR \$95

Location: Middletown Municipal Center

Date: Wed., Oct. 15 Time: 6:00 PM - 8:30 PM

Common Medical Emergencies

This seminar presented by Penndel-Middletown Emergency squad will go over a variety of medical emergencies (including strokes, diabetes, heart attacks, bleeding control) and provide participants information about first aid and how to properly handle any of these common situations. This is NOT a certification class, but will provide the information and skills necessary to save a life. Class size is limited so registration is required.

Fee: FREE

Location: Middletown Municipal Center

Date: Wed., Dec. 3 Time: 6:00 PM - 7:30 PM

Asset Allocation

In this session James F. Burns, Jr., Financial Advisor with Creative Financial Group, will provide a summary of what is meant by "conservative", "moderate" and "aggressive" asset types and will discuss the benefits and risks associated with each. You'll learn about the importance of asset allocation during your working years and how it may be different during your retirement years. All attendees will receive the "Risk Tolerance Quiz" – a valuable resource to help make informed financial decisions when planning for asset allocation and diversification.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Nov. 13 Time: 6:30 PM - 7:30 PM

Infant Safety & CPR Workshop

Learn essential life-saving skills for infants and young children in this hands-on American Heart Association certification class. Perfect for new parents, grand-parents, and caregivers, you'll gain confidence in performing CPR, managing choking emergencies, and practicing accident prevention techniques to keep little ones safe

Fee: \$114

Location: Middletown Municipal Center

Date: Wed., Nov. 6 Time: 5:30 PM - 8:00 PM

4 Ways to register!

- 1. Download a registration form at www.middletownbucks.org/registration and mailed into our office.
- 2. Register online at www.middletownbucks.org/recdesk,
- 3. By phone at 215-750-3890
- 4. In person at 3 Municipal Way, Langhorne, PA 19047

VOUTHPROGRAMS

Ballet for Tots

This 7-week course will teach the very basics of ballet including positions, barre work and floor work. Classes will enhance their rhythm, balance, coordination, flexibility, and posture. A small routine will be taught with the steps learned by the end of the course. Taught by Elena Lydon, who has been teaching Ballet for more than 20 years. Ballet shoes required. **Ages 3-5.**

Fee: \$63; NR \$73 Location: The Barn

Session 1: Mon., Sep. 8 - Oct. 27 Session 2: Mon., Nov. 3 - Dec. 15 Time: 5:00 PM - 5:45 PM

Ballet/Tap Combo

In this 7-week course, children will learn the basics of ballet technique, including positions, barre work and floor work along with the basics of beginner tap fundamentals. A small routine will be learned by the end of the course with the steps learned. Taught by Elena Lydon, who has been teaching Tap and Balletfor more than 20 years. Ballet and Tap shoes required. **Ages 5-7.**

Fee: \$63; NR \$73 Location: The Barn

Session 1: Mon., Sep. 8 - Oct. 27 Session 2: Mon., Nov. 3 - Dec. 15 Time: 5:45 PM - 6:30 PM

Outdoor Pre-School Story & Craft Hour

Preschoolers and their parent or guardian will meet at the Styer Orchard Pavillon, located on the farm, to hear a story and a make a craft related to that story. A wonderful way to have fun with your child and meet others! Class is outdoors, under the shaded Pavilion. (Bathrooms are located at the pavilion) All supplies are included. Each child will go home with a fun craft that they can continue to play with and even the book that was read! Farm will be open for "picking" and the store has great food so make a day of it! Ages 3-5.

Fee: \$15; NR \$20 Location: Styer Pavilion Date: Tue., Sep. 16

Time: 10:30 AM - 11:30 AM

Young Rembrandts

The open-ended nature of art education allows children to take more risks in their projects. Because there is flexibility in the outcome, children don't feel as much pressure as they create. Encourage your child's enthusiasm for art and develop their skills by signing them up for a Saturday morning drawing or cartooning class. Young Rembrandt's skilled teachers introduce children to color, imagery, and core drawing techniques while they explore their own creativity. We offer three 4-week sessions this fall. Select the session and the appropriate class based on your child's age and interest.

Fee: \$79; NR \$91 Location: Community Center Session 1: Sat., Sep. 20 - Oct. 11 Session 2: Sat., Oct. 18 - Nov. 8 Session 3: Sat., Nov. 15 - Dec. 13

SATURDAY EARLY ELEMENTARY DRAWING
Time: 9:00 AM - 9:45 AM / Ages 4 to 6

SATURDAY DRAWING

Time: 10:00 AM - 11:00 AM / Ages 7 to 14

SATURDAY CARTOONING

Time: 11:15 AM - 12:15 PM / Ages 8 - 14

Fall Frolic

Get ready to dive into the delightful season of Fall with our exciting Fall Frolic class! This engaging program is designed to immerse children in the wonders of Autumn, from colorful activities, games, and more! **Ages 3-10.**

> Fee: \$35; NR \$42 Location: The Barn Date: Thu., Oct. 9

Time: 6:00 PM - 8:00 PM

Johnny Appleseed Adventure

Welcome to the Johnny Appleseed Adventures class, where children can step into the shoes of the legendary American folk hero, Johnny Appleseed! In this engaging and educational program, young learners will explore the life, legacy, and love for nature of Johnny Appleseed through a variety of fun and hands-on activities.

Ages 4-8.

Fee: \$35; NR \$42 Location: The Barn Date: Thu., Sep. 25 Time: 6:00 PM - 8:00 PM

Skate Club

Designed for skaters who have already taken Ramp Up classes or have prior skateboarding experience. Take your skateboarding skills to the next level with Skate Club! In this level 2 program, skaters will be introduced to intermediate tricks and concepts. There's always something new to learn; each skate club session will provide time for practicing fundamentals, and skater-led exploration. 6 Weeks.

Fee: \$187; NR \$215

Location: Middletown Skatepark
Date: Thu., Sep. 25 - Oct. 30
Time: 6:15 PM - 7:15 PM

Beginner Skateboarding

Designed for skaters with little or no prior experience. Build confidence, resilience, and new friendships with group skateboarding lessons! Each session will introduce fundamental skills and facilitate supervised practice time, as well as creative games and challenges! Sessions are led by a USSEA US Skateboarding Education Association certified instructor. Complete beginners welcome! Ages 5-12

Fee: \$187; NR \$215

Location: Middletown Skatepark
Date: Thu., Sep. 25 - Oct. 30
Time: 5:00 PM - 6:00 PM

Rosh Hashanah Half Day Skate Camp

Spend your day off learning new skills, and hanging with new friends at the skatepark! Skaters of all skill levels come together to practice skateboarding fundamentals and take on fun games and challenges. In addition to structured instruction, we'll make time to chill out and showcase our creativity through a variety of skateboard-related activities. Sessions are led by a USSEA US Skateboarding Education Association certified instructor. Beginners welcome! Rain or Shine. Ages 5-12

Fee: \$75; NR \$87

Location: Middletown Skatepark

Date: Tue., Sep. 23

Time: 9:00 AM - 12:00 PM

Kids Day Off Pottery Program

Spend your day off using your imagination to create unique pieces of pottery, play games, and meet new friends. Experience working with terracotta and polymer clay as you learn hand-building, texture, and glazing techniques to create your own, personal works of art. Projects will be available for pickup one week after the class date at the township office. For pictures of previous projects check us out on Instagram @INDIStudio1

Half Day Fee: \$100; NR \$120 Full Day Fee: \$195; NR \$230

Location: The Barn

Date: Tue Sept. 23 & 24th Half Day: 9:00 AM - 12:00 PM Full Day: 9:00 AM - 3:00 PM

Kids Pottery with InDi Studio

In this four-week class you will learn about hand building pottery, textures, and glazing. Every class will begin with a lesson on a pottery technique. Over the four weeks you will be able to take what you have learned to create and glaze 3 unique pieces. Please join us to create, meet others, and relax. All supplies included. All pottery will be fired and dropped off at the Parks and Rec office within a week of the last class. For pictures of previous projects check out our Facebook page: www.facebook.com/indistudio.org or find us on Instagram @INDIStudio1

Fee: \$150; NR \$170 Location: The Barn

Date: Fri. Oct, 3 - Oct. 24 Time: 5:00 PM - 6:00 PM

Pumpkin Princess Training Academy

Has your child ever wanted to spend an evening in a fairytale? Now they can at Pumpkin Princess Academy! Children can dress up as princesses and take part in a magical halloween-themed evening filled with imagination in a land far, far away. The fairy godmother will be there to train, read, and teach other activities that lead to being crowned an official Pumpkin Princess Academy graduate. Ages 3-7.

Fee: \$37; NR \$45
Location: The Barn
Date: Thu., Oct. 23
Time: 6:00 PM - 8:00 PM

Pumpkin Decorating Contest

Kids, start decorating your pumpkin! Every pumpkin entered by Oct. 16 will be on display in the Municipal Center for all to see, until Oct. 30. Please, no carving, cuts or punctures, so it doesn't spoil. Award reception is Thurs., Oct. 30, 7-8 PM. Bring your family! Wear your costume! Goodie bags for every child who enters. Light refreshment will be served for all. Register online at https://middletownbucks.recdesk. com/or call 215 750 3890. Drop off your pumpkin by October 16th. Space is limited so don't delay.

Fee: FREE

Location: Middletown Municipal Center

Date: Thu., Oct. 30 Time: 7:00 PM - 8:00 PM

Whooo Loves Owls

In this fun Edutainment class we will play a game to be silent hunters like the owl, experience owl digestion and dissect an owl pellet, learn cool facts and enjoy a yummy owl themed snack. Please be sure to let us know of any food allergies. **Ages 6-11**

> Fee: \$25; NR \$29 Location: Styer Pavillion Date: Tue., Sep. 30 Time: 5:00 PM - 6:30 PM

Batty for Bats

In this fun Edutainment# class we will play an echolocation game, dissect a faux bat, complete a bat craft and enjoy a bat themed snack. Please be sure to let us know of any food allergies. **Ages 6-11**

Fee: \$25; NR \$29
Location: The Barn
Date: Thu., Oct. 23
Time: 5:00 PM - 6:30 PM

Tennis Lessons

Pee Wees, ages 4-6, and Little Aces, ages 7-10 play 5 one-hour Wednesday classes. Register or get more information atwww.playtennis.usta.com/buckscounty...

Fee: \$70 for Pee Wees \$75 for Little Aces

Location: Simmons Park

Date: Wed., Sep. 10 - Oct. 15 Pee Wees: 4:45 PM - 5:30 PM

Little Aces: 5:30 PM - 6:30 PM

Amazing Athletes

Amazing Athletes is a multi-sport program designed to teach kids 10 different sports over the season. Kids will be exposed to baseball, golf, tennis, soccer and MORE! Your kids will learn how to kick, throw and catch a ball and learn about body movements and muscle development. Come join the fun with Amazing Athletes at our indoor facility at the Oxford Valley Mall!

Fee: \$135 per 6 week session
Location: Oxford Valley Mall
Session 1: Sun., Sep. 14 - Oct. 19
Session 2: Wed., Sep. 17 - Oct. 22
Session 3: Sun., Nov. 2 - Dec. 7
Session 4: Wed., Nov. 5 - Dec. 10:

Sundays: Ages 2-3: 9:00 AM - 9:40 AM

Ages 3-4: 9:45 AM - 10:25 AM Ages 5-6: 10:30 AM - 11:10 AM

Wednesdays: Ages 2-3: 10:00 AM - 10:40 AM

Ages 3-4: 10:45 AM - 11:30 AM

Luminaires With a Loved One

Come out for a cozy evening making a nature themed winter luminary, enjoying light refreshments while spending time with a loved one. You are invited to get extra comfy and wear your pj's. A wonderful way for adult and child to spend screen-free. One registration gains entry for 1 adult and 1 child. Each person will make their own one-of-a-kind glass luminary. Each person takes home their own glass luminary. Great to keep or give as a special gift. All materials will be provided. After crafting, enjoy some light refreshments. **Ages 5-11.**

Fee: \$50; NR \$58 Location: The Barn Date: Wed., Dec. 3 Time: 6:00 PM - 7:30 PM

Soccer Shots

Soccer Shots is an engaging children's soccer program with a focus on character development for children ages 2-5. For more information and enrollment at Forsythia Crossing Park:

www.soccershots.org/lowerbucks
For questions contact:

lowerbucks@soccershots.com or 267.630.1557

Location: Forsythia Crossing Park

Date: Tuesday afternoon classes or

Saturday morning classes

Length of Season: Once per week for 10 weeks



TEENPROGRAMS

Online Drivers Education

John's Driving School's 30-Hour PA Novice Driver's Ed S.P.I.D.E.R. Course teaches new drivers to Scan, Predict, Identify, Decide, Execute, and Reflect for safer driving. Approved by the PA Dept. of Education, this self-paced, 13-chapter online course (max 2 hrs/day) must be completed within one year. Includes final exam and Certificate of Completion. **Ages 15-18**

Fee: \$50 Location: Online

Tennis Lessons

Juniors, ages 11-13, play five one-hour Wed. classes. See website to register, or get more information at www.playtennis.usta.com/buckscounty.

Fee: \$75

Location: Simmons Park

Date: Wed., Sep. 10 - Oct. 15 Time: 6:30 PM - 7:30 PM

Teen Yoga

Less stress. More calm. Just for teens. Take a break from screens and stress with this fun, energizing yoga class designed just for teens. Move through dynamic flows, learn simple breathing techniques, and practice mindfulness to help release built-up energy, reduce anxiety, and find calm. No experience needed—just come ready to stretch, breathe, and unwind. **Ages 13-18**

Fee: \$20

Location: Community Center
Date: Wed., Sep. 17 & Sep. 24
Time: 5:00 PM - 6:00 PM

TICKETS ON SALE NOW!



Fundraiser for the Middletown Senior Citizens Association

SATURDAY, NOV. 8, 2025 - 1 PM

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\$30 IN ADVANCE - \$35 AT THE DOOR

Ticket sales are limited to 100 players.

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October 30, 2025 6:00 PM

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- Downsizing Resources Professional help and learn what to do with your "STUFF"
- Home Prep for Selling Key updates and staging and tips to net the most money
- Support Guidance on easing into the transition.

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Soccer* Basketball
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Have a question? Contact MAARegistration@outlook.com

www.middletownaa.org

