



## Middletown Township Parks & Recreation

3 Municipal Way, Langhorne, PA 19047  
Phone: (215) 750-3890 Fax: (215) 750-3819  
[www.middleowntwpbucks.org](http://www.middleowntwpbucks.org)

### Kickball Rules - 2020

The World Adult Kickball Association (WAKA) is the preeminent adult kickball organization and the world governing body of kickball. Kickball is a simple game consisting of two teams, bases, and a big red ball. Played like baseball, the object is to score more runs than the opposing team. In Middletown Township, games are played with 10 fielders, 6 innings, 2 base coaches, no head shots, one base on an overthrow (rule 10.07b), no ghost men, and no bunting, sliding or leading. The following 20 pages of WAKA rules & FAQs will govern all Middletown kickball games. For the enjoyment of all, proper respect and civility is required of all participants toward one another. Fighting is not allowed or tolerated. Players are ejected for the season for fighting and the captain of record is suspended for that game and one additional game, even if they are not in attendance that game.

**Middletown's House Rules:** House rules supersede the WAKA rules.

1. Each team will have one designated captain and will be the only person to speak to the umpire.
2. Team Captains are responsible for maintaining their team's batting order. Players added after a game has started will kick at the end of the order but batting order has to adhere to House Rule 3.
3. This is a coed league. Everyone bats but no more than two men are all allowed to bat in a row. After one warning, an out is assessed to the offending team. If the female about to bat is injured, the previous female in the batting order (who is not on base) will bat in her place. If a male cannot bat due to injury, just skip him in the order to the next batter. No out is assessed.
4. Bunting is not allowed. Players are required to take a swing at the ball. "A bunt" is determined by the batter's swinging motion of their leg, not the actual result in distance traveled by the ball. The rule of thumb is that the kicking leg moves at least 25 degree radius motion measured from the movement of the knee or hip. So kick-away each time you get your chance at the plate. A kick perceived as a bunt by the umpire will be counted as a foul ball. Arguing bunt calls will not be tolerated.
5. Teams consist of up to 10 players in the field: 4 infielders, 4 outfielders, pitcher & catcher. A game can begin with as few as seven (7) players on a team but the pitcher & catcher positions are the first to be filled. The remaining 5 players are in the field. (You cannot use the other team's players to be your catcher.)
6. Assuming a full defensive unit of 10 players, there must be at least three female players with at least one female infielder and one female outfielder.
7. Use of metal cleats is forbidden.

### Quick Start Rules

1. The strike zone is 3 dimensional: one foot to either side of home plate, and one foot high.
2. The pitched ball must touch the ground at least twice before reaching home plate.
3. Four fouls is one out; 3 strikes is one out.
4. The batter's plant foot must not go beyond the front edge of home plate (extended) until the ball is struck.
5. The batter strikes the ball with any part of the foot or leg below the knee.
6. The pitcher must have at least one foot on or directly behind the pitching strip (see Rule 1.01c) when releasing the ball. No part of the pitcher's front foot may be in front of or across the front edge of the pitching strip.
7. Players can tag up on a fly ball that is caught in either fair or foul territory (normal baseball rules).
8. The infield fly rule does not exist in kickball. The responsibility is on the batter to keep the ball on the ground to alleviate the lead runner from making that decision. The fielder is in his right to drop or not drop the ball to his team's advantage.
9. The pitching mound extends in a circle 12 feet from the center of the pitching strip. Players cannot advance when the pitcher has the ball in the pitching mound area. But runners can complete their run to the next base if they started toward the base before the pitcher entered the pitching mound.
10. Base Running on Overthrows: an overthrow is a ball thrown, kicked, or deflected into foul territory while making a defensive play toward a player or base; a runner may advance only one base beyond the base the runner is on or running toward when the ball travels into foul territory. One base on an overthrow is a restriction on the runner not an automatic right for the runner to advance.
11. A runner touched by the ball above the shoulders with a thrown or kicked ball is awarded the base that they were running towards and no out is recorded. Ump call - if runner ducks into a head shot.
12. A runner touched by the ball while not on base is out.

## Adult Kickball COVID Policy

In order to keep all players safe throughout the season the following policies will be in effect:

- If you feel sick or are exhibiting symptoms please do not attend Adult Kickball and alert your team. Please also contact Patrick at the township at [pgraham@middletownbucks.org](mailto:pgraham@middletownbucks.org)
- All players will be required to get a temperature check and answer symptom related questions before heading down to the fields.
- All players are required to wear a mask everywhere except your team's assigned playing field. This means wear a mask from the parking lot to the dugout and anytime you go to the bathrooms.
- We ask that you minimize spectators in the quad area. Ask your family and friends that do attend to watch from the outfield areas.
- Teams will be asked not to congregate as they have done in past seasons. Belongings may be kept in the dugouts, but teams will be asked to space out in foul territory in front of the dugout at a socially safe distance. No more than 3 team members may be in the dugout at any time.
- Kickballs will be disinfected before each game.
- Hand sanitizer will be available to all players. It is encouraged that you bring your own hand sanitizer as well.