

Middletown Township's Summer Recreation Basketball League 2019 Rules

Housekeeping Rules

1. Have fun & enjoy; it's a rec league folks.
2. The coach insures that each player receive about equal playing time since everyone paid the same money; also try to get each player to bring the ball up several times a game.
3. Each team must provide a volunteer at all games to flip the scoreboard and to run the clock.
4. Substitutions are allowed at the referee discretion which generally occurs every 5 minutes for all teams. Referees will initiate the substitutions. Teams 10-13 (M/W 6:30 PM) are the youngest players and need a little extra time to restart.
5. Rain during a game: if the first half has been completed, the game will be considered played and will not be rescheduled. Games cancelled with less than the first half completed will be rescheduled as a brand new game, except during the last week of the season.
6. Players and/or coaches are ejected for fighting: they will not be allowed to participate in any game for the remainder of the season. Any infraction must be reported to the site coordinator.
7. Please see that balls, scoreboards & the first aid kits are returned to the courtside equipment locker after the last game. Check the surrounding area for any stray balls or scoreboards.
8. Please insure that your team throws away its water bottles and cleans up its bench area after each game.

Playing Rules

1. Man to Man defense only; zone defense is prohibited. Zone defense is penalized as a technical and possession after a warning to the coach.
2. There is no back court pressure allowed except for the oldest teams, 60-63 (M/W 8:30 PM). Teams 60-63 can apply full court pressure all game. Teams 50-53 (Tu/Th 8:30 PM) can apply backcourt pressure the last 2 minutes of the game.
3. Games will be on a running clock until the last 2 minutes of the second half. (The clock will continue to run during the last 2 minutes if the score difference is greater than 10 points.)
4. There will be two 20-minute halves. Each team gets two (2) time outs per game: both are full-minute timeouts. All teams play 20 minute halves with stops about every 5 minutes for substitutions.

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5. Bonus Fouls (affect Teams 50-53, 60-63 only at the 8:30 PM time slot):
In the last two minutes of a game, the 2nd intentional foul by Team A puts Team B in the 1&1 shooting bonus situation for the remainder of the game, and OT. The reverse can also happen. (The coach who wants to extend the game should causally inform the referee of the team's intention. We don't keep a book in rec league so we just get into the bonus.)
6. Overtime will be a two-minute stop time clock and will be a continuation of the second half for shooting purposes and Bonus Fouls. No additional timeouts are provided, beyond the original two.
7. PIAA rules as modified by these league rules above.

• Wet Court Rules (No specific age) •

Wet court rules are implemented when there is no rain or a very light rain is falling and the children would like to play but the court is wet. Wet court rules are meant to slow the pace of the game down, eliminate the fast break and greatly reduce the need for the children to run full speed on wet, slippery courts. Wet court rules are a compromise to an outright cancellation.

The basketball commissioner will implement wet court rules or both coaches can make a common sense decision to implement wet court rules prior to, or at any point during, the game. The goal is to keep the children safe.

1. The defensive team will play zone defense.
2. The offensive team will make 5 passes in their front court before attempting their first shot.
3. Coaches will instruct their offensive player to take 4-5 seconds to slowly bring the ball up.
4. For the older teams where it applies, the 2-minute full court pressure rule is suspended under Wet Court Rules.
5. The referee's decision to suspend the game for safety reasons is final.